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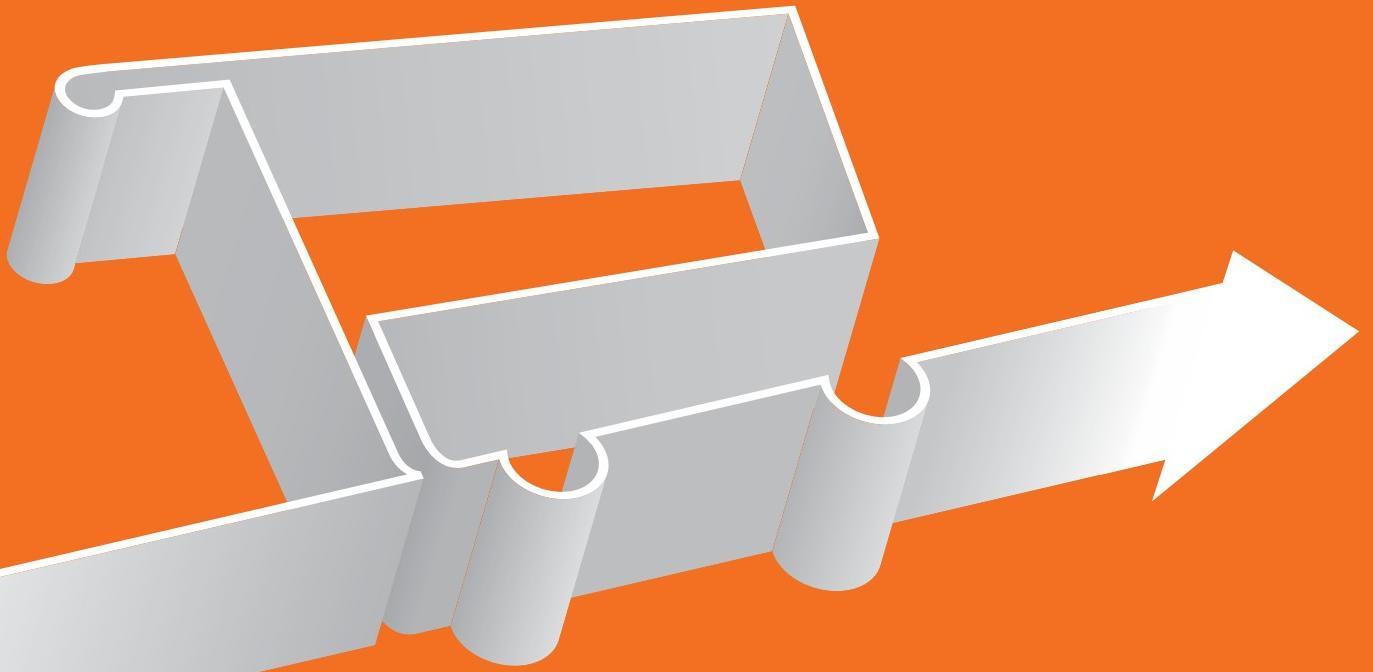
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BEADY EYE EMERGES FROM OASIS' SHADOW

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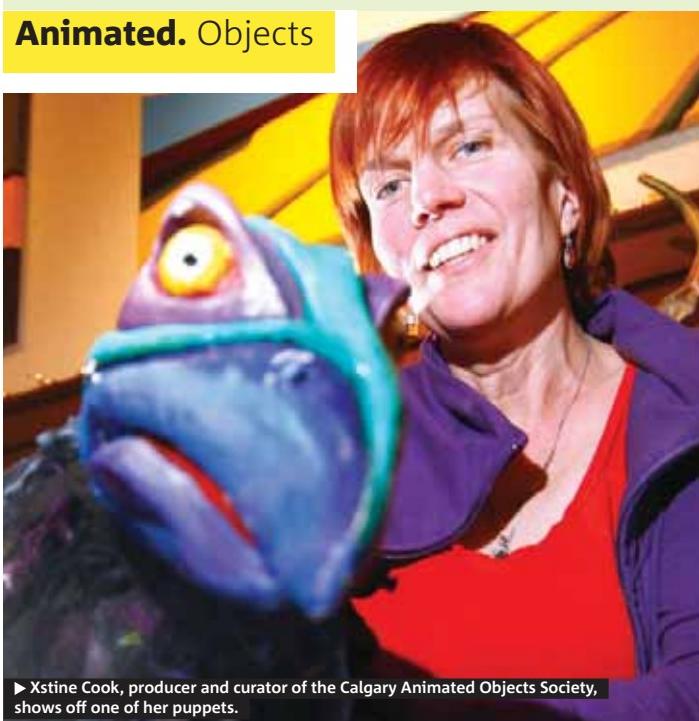
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News worth sharing.

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Animated. Objects



► Xstine Cook, producer and curator of the Calgary Animated Objects Society, shows off one of her puppets.

RYAN FACTURA/FOR METRO

Fire raises question of suite safety

- Eight people were evacuated after fire broke out in a basement kitchen early yesterday morning
- No injuries were reported



KATIE TURNER

CALGARY@METRONEWS.CA

Hours after council finished discussing secondary suites, fire broke out in a basement suite in the city's northeast, leaving one father questioning tenant safety.

Ernie Halliday lost his daughter Tiffany Cox in 2009 when she succumbed to severe smoke inhalation after being involved in a basement suite fire. He said he would like to see action taken by council before a similar situation happens again.

"Everything comes back to you, and you just hope that no one else has to suffer the ultimate fate," he said. "How many people have to die needlessly until people step up and say we need to make some positive changes here?"

Although it has yet to be determined if the Castleridge basement suite was illegal, Ald. Druh Farrell said the outcome for the tenants could have

Northeast fire

- Cost. The damages from the fire are estimated at \$30,000.
- Fire alarm. There were no fire alarms on the basement level, and the detector on the main level was not working.
- People. It's unclear how many of the eight people actually live in the home.

been much worse.

Council took small steps towards making the application process easier but ultimately decided to ask administration for more information before proceeding. Farrell said it's important that council move quickly to create a plan, which would see a crackdown on illegal suites.

"Seeing some of the conditions these tenants live in, a fatal fire is inevitable until we address the issue, and our failure to act is unconscionable."

Festival kicks off today

Organizers were busy preparing yesterday for the opening of the International Festival of Animated Objects. The event will kick off tonight at the Ironwood Stage and Grill with festivities running through to Sunday. For information on tickets and schedules, visit animatedobjects.ca.

Finding solace through justice

Murder charges puts victim's family 'at ease' {page 3}

Witnessing the Afghan war

Exhibition provides a glimpse through photos, film {page 6}



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Move past allegations: Premier

Premier Ed Stelmach says it's time to move on from unproven allegations of corruption at the highest levels of the health system.

Stelmach notes that critic Raj Sherman has promised for a week to provide evidence of his allegations but has been unable to do so.

Stelmach says he won't call a public inquiry because there's nothing on which to pin a probe.

Sherman, who sits as an

Independent, told the House last week that Edmonton health officials covered up 250 deaths, bribed doctors to keep it quiet and kept two sets of books to hide the hush money.

Sherman, who is also an ER doctor, suggested that Iris Evans, who was the health minister at the time, was involved.

Stelmach and Evans say they won't pursue censure of Sherman in the legisla-

ture because they've already made their points publicly.

"I can't clear my name without seeing exactly what it is he has suggested," Evans said. "There's not a shred of proof."

Nevertheless, Sherman told reporters on Monday that the truth is still out there.

"I have very credible and very reliable sources that are willing to talk," he said.

THE CANADIAN PRESS



METRO FILE

► Premier Ed Stelmach said no attempts will be made to censure health critic Raj Sherman.

Victim's family 'at ease' as murder charges laid

► Joel Zalsos, 36, was found dead in his home Jan. 4 ► Franco Sevellan Sevandal, 32, was charged yesterday with second-degree murder: Police



JEREMY NOLAIS
@METRONEWS.CA

Family members of a Filipino man found dead in his Calgary home hope they can find a measure of solace now that a murder charge has been laid.

The accused

Police say the accused, Franco Sevellan Sevandal, had moved to Calgary from the Philippines roughly two years ago but is not a Canadian citizen.

► Immigration officials have been contacted in relation to the incident, police say. Sevandal will make his first appearance in a Calgary court Thursday.

But despite the advance in the investigation, Gil Zalsos, brother of victim Joel Zalsos, said nothing can replace his brother.

"All of us until now were in shock and cannot accept his fate," Gil said, when reached in Iligan City, Philippines. "He was a very thoughtful, kind and loving person."

Calgary police said yesterday that Zalsos was stabbed to death in his Pleasant Heights home in the 1100 block of 18th Avenue NW.

He had journeyed to Calgary only a few weeks before his death to be with his wife, Gil said.

Gil and his wife, Divina Zalsos, both said yesterday they suspect an affair involving Joel's wife may have played a role in his



► Joel Zalsos is considered Calgary's second homicide victim of 2011.

death, but Calgary police wouldn't comment on a motive.

"We're still sad and wonder why it happened

to him but right now we are at ease," Divina added.

After Joel's death, the Zalsos family had his body flown back to the

Philippines in late January for a funeral, and Gil estimated 700 people turned out to celebrate his brother's life.



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New rule aims to curb violence at campus bar

- One-friend limit set up for popular Thursday event
- The Den still the 'safest bar,' says students' union

 JEREMY NOLAIS
METRO CALGARY

Calgary's largest campus bar has made a change to its policy after a surge in violence.

University of Calgary students can now bring only one friend from outside the school to popular ThursDen festivities at the Den bar.

Previously there were no set rules in place.

This follows numerous incidents of violence in recent weeks and months, including one altercation that left an individual suffering from serious head injuries, said campus security director Lanny Fritz.

"It was a case where this individual was attacked by four people exiting the bar," he said. "It is pretty darn serious when we get a situation like that. If things went really bad for us it could have easily been a homicide."

Fritz said ThursDen is an extremely popular event and that patrons often get impatient before even being allowed into the bar, starting fights in the line-up and surrounding area.



► Bruce Hart was left with a broken jaw after attending the Den bar in 2009.

98 U of C campus security director Lanny Fritz said his crew devotes 98 per cent of their attention to the Den on Thursday nights.

"This has been ongoing for years," he said. "The problems that we do have are mostly from off-campus folks. That's by far the majority."

"They don't have any ties to the university, they don't feel any sense of loyalty to the university."

Calgary resident Bruce Hart was injured in one such altercation at the Den in 2009.

Hart said he was punched in the face and had his jaw broken in two places while he was attending a welcome-home party after spending time abroad. "I was wired shut for seven weeks," he said.

Despite not being a U of C student himself at the time of the altercation, Hart said he's in favour of the new policy.

"It's good to know who's in there," he said. "I think it makes sense."

The Den is owned and operated by the U of C Students' Union. Vice-president external Hardave Birk said the policy change was implemented with students in mind.

Calgary. International Women's Day



► Andrea Martini of the Calgary Public Library and Ramesh Venkat handed out free brown-bag lunches at the W.R. Castell Central Library yesterday.

RYAN FACTURA/FOR METRO

A century of achievement

Numerous events were held in Calgary — and around the world — yesterday, ringing in the 100th annual International Women's Day. The day is meant to be a celebration of economic, political and social achievements of women from the past, present and future.

Toll of abuse

- Roughly 150 to 200 cases of animal abuse are investigated in Calgary every year, says Brad Nichols of the Calgary Humane Society.
- Nichols said average fines are between \$1,000 and \$2,000, although they may be as low as a couple of hundred dollars.
- The Doberman puppy in this case has since been adopted.

Puppy in distress

A Calgary woman was fined \$1,000 in court yesterday over an injured Doberman puppy that was found outside a veterinary hospital in November 2009.

Besides the fine, the judge also imposed a 10-year prohibition on Guan owning pets but allowed her to keep the Pomeranian she has at home.

"We hope it serves as a

message to the public that abuse and neglect of animals won't be tolerated," said Brad Nichols, a peace officer of the Calgary Humane Society.

Cynthia Guan pleaded guilty to one charge under the Animal Protection Act of Alberta of causing an animal in her care to be in distress.

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Exhibit a grim look at war

Two touching photographs — one of a mother and her child, another of a grieving father alone in an abandoned building — had added impact when photographer Stephen Thorne of The Canadian Press explained the backstory.

Taken in a children's hospital in Kabul, where children were often taken to die and fathers, not allowed entrance into the hospital, would wait sometimes weeks in a bombed-out building across the street for news of their loved ones.

CAROLINA NOVOTNY/FOR METRO



► Cpl. Corina Skinner served in Afghanistan as a tank driver.

It is vignettes of this nature that make up Afghanistan: A Glimpse Of War, a temporary exhibit on display at the Military Museum until July 4, 2011.

On loan from Ottawa's Canadian War Museum (CWM), the exhibit features primarily the documentary footage of Garth Pritchard, a filmmaker from Priddis, Alberta, and Thorne's photography.

"People think about the 'bang bang' and nothing else but our troops are doing a lot more than just that," said Thorne whose covered many frontline operations during a year in Afghanistan. "He said his hope is people will leave the exhibit with a greater understanding of the conflicts complexity."

Cpl. Corina Skinner who returned from Afghanistan in April, 2010, is already a fan.

"I think it's amazing. It really shows what it is like over there."

• CAROLINA NOVOTNY

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Awesome ... cash for a bright idea

RYAN FACTURA/FOR METRO



► Lori Stewart, first dean of awesome for Awesome Calgary, says the ideas are already flowing in.

► Ideas deadline: April 10 ► Pitch party planned for those on shortlist



KATIE TURNER

CALGARY@METRONEWS.CA

You'll be in awe

- The Awesome Foundation was founded in Boston in 2009.
- The first awesome item funded by the foundation is Boston was the Big Hammock — the world's largest portable hammock
- Awesome Calgary has 12 trustees.

When Lori Stewart first heard about the Awesome Foundation on the radio, she immediately pulled a U-turn, went home and contacted the founder.

Now, weeks later, the Awesome Calgary chapter is up and running and ready to dole out free cash to innovative Calgarians.

"It's really the idea of the power of 10," Lori explained.

"You get 10 people together and they put \$100 into the pot every month and then you have \$1,000 that you choose (for) the best idea that's been submitted that month."

Stewart asked former mayoral candidate Wayne Stewart to be a trustee, and at the time he said he had no idea what the Awesome Foundation was.

"When she called, I knew nothing about Awesome Calgary but I was committed to doing whatever I could to help her along," he said.

Once he understood the concept, Wayne said, he realized the possibilities are endless.

"It's like one of the

guys said the other day: I spend \$100 a month on things that are much less worthwhile," he said.

Lori said the goal is to hand over the grant, no strings attached, to the person who comes up with the best idea for making Calgary a better place.

"It fits right into this new Calgary — where we want to go," said Stewart, a former strategist with the Nenshi campaign.

"There's this huge population of people who really want to do good things and this is just a really — pardon the word — awesome way of supporting that and promoting that."

Details regarding idea submissions can be found at the website awesomecalgary.org.

Olympian says this plan is worth a gold

Among the trustees contributing money is Cal-

gary-born and -raised Olympian Kyle Shewfelt.

"I love to see cool things happening in this city, so to play a role in that, to be one of the trustees, is a great investment, in my mind," he said.

"I think there's going to be some really wacky ideas, and I love that."

• KATIE TURNER

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Get ready to fork over more for food

► A family that spends about \$400 a month on groceries could pay up to \$340 more in a year: Economists ► Soaring commodities driving prices up

Stock up

Some food manufacturers are already moving forward with plans to charge grocery stores more.

- Bakery company George Weston Ltd. said last week that it would charge five per cent more for its goods as of April 1.
- Maple Leaf Foods says it will raise its fresh bakery prices by 20 cents per unit at the end of March.
- Tim Hortons says it may have to charge customers more for their morning java jolt due to the rising cost of coffee, which is about twice where it was last June.

Canadians will be paying between five and seven per cent more for groceries on average by the end of the year, economists say.

Bad crops and oil trading for more than \$100 US

a barrel are driving prices higher. Food companies are raising prices due to the soaring costs of key commodity ingredients like wheat, corn, sugar and vegetable oil.

It's just a matter of time until higher commodity prices trickle down to grocery shelves, says Douglas Porter, deputy chief economist at BMO Nesbitt Burns.

THE CANADIAN PRESS

GROCERS HOLDING OFF — FOR NOW

National grocery chains Loblaw, Metro and Sobeys parent Empire Co. Ltd. have faced fierce competition, particularly in Ontario, from each other and from retailers such as Zellers and Shoppers Drug Mart, which are increasing their food offerings.

Wal-Mart also plans a major expansion of 40 new grocery stores in

Canada this year.

That means grocers are holding off as long as possible to pass on manufacturer price increases to consumers, says John Scott, the president and CEO of the Canadian Federation of Independent Grocers.

"Nobody is going to raise their prices a nickel unless they absolutely have to," he says, explain-

ing retailers will try to cut costs to keep up with competitors, but may offer fewer discounts.

"Instead of passing the full price on to the consumer, you'll see a reduction in the number of promotions like the coupons and that kind of thing. We had a lot of that in 2010. We'll probably have less of it in 2011." THE CANADIAN PRESS



► Starbucks's new logo is shown on a cup in Halifax.

ANDREW VAUGHAN/THE CANADIAN PRESS

A fresh face at 40

Starbucks rolled out its new, text-free logo yesterday on all its cups. Signs also changed at a handful of stores. The Seattle-based company introduced the new logo in conjunction with its 40-year anniversary. Starbucks also introduced a number of new coffee flavours and baked goods.

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United to face cancer

► Foundation launches initiative to address emotional, social concerns of women diagnosed with the disease

 TERESA KRUZE
TERESA.KRUZE@METRONEWS.CA

"We are simply not meant to face cancer alone."

Sherry Abbott speaks from the heart. The executive director of the Canadian Cosmetic, Toiletry and Fragrance Association (CCTFA) Foundation is a 21-year cancer survivor. She is on a mission to encourage and empower people who are dealing with a cancer diagnosis.

The CCTFA recently commissioned a report and talked to 814 women who were facing cancer. What they found was staggering.

Although their medical needs were being met, women felt there were no services in place to help them deal with the social and emotional effects of the disease.

Report findings

- Almost 50% of respondents did not feel supported in their cancer journey.
- 70% of women surveyed feared recurrence of their cancer.
- 45% said they were not able to "get comfortable with the new normal."

Source: Lives Affected by Cancer ... 800 Women Speak

"The heart and souls of women with cancer also need care and attention," says Abbott.

On the heels of the landmark report, the CCTFA Foundation has launched a new initiative called Facing Cancer Together. Its new interactive website, sponsored by Shoppers Drug Mart, is the

largest online show of support for women with Cancer. Women can now share, connect and find resources to help them during their recovery.

Dr. Alexandra Ginty will be contributing to the site. She is a family doctor trained in emergency medicine who was diagnosed with breast cancer a year ago.

"I'm trained to handle traumatic situations, but no one prepared me for facing cancer."

She'll now be blogging about her journey and showing other women that they are not alone.

She writes:

"Cancer's a memory
hoping not to return
But the gift that it
leaves is what we
can learn."

Learn from each other, share and connect at facingcancer.ca.



► From left, Sherry Abbott, executive director of the Canadian Cosmetic, Toiletry and Fragrance Association (CCTFA) Foundation; Dr. Alexandra Ginty, cancer patient and blogger; and Darren Praznik, president and CEO of the CCTFA and CCTFA Foundation.

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- Athletics, clubs, housing, SAITSA and a whole lot more

Join us Wednesday, March 9 at 5:30 pm in Room MB 222 in the Heart Building.

*No registration required. Session begins promptly at 5:30 pm

For more information, please visit the calendar of events on sait.ca or call 403.210.4204.

BROADCAST SYSTEMS TECHNOLOGY

Learn about how you can enjoy a well-paying career in the broadcast industry. With more demand than ever, it's time you learned what technical applications you require to start a career you love!

Join us on Wednesday, March 9 at 7:00 pm in Room E-114 in the John Ware building.

Call 403.284.8081 or E-mail: bxst.info@sait.ca to confirm your attendance or for more information.

EXPLORATION INFORMATION TECHNOLOGY

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Join us on Wednesday, March 9 at 7:00 pm in Room T-230 in the Thomas Riley Building.

Call 403.210.5753 or E-mail: sharron.li@sait.ca to confirm your attendance or for more information.

RADIO, TELEVISION AND BROADCAST NEWS- TELEVISION MAJOR

The television industry needs a constant influx of talented people to write, produce, and direct the varied programming and operate the specialized equipment. We offer the training you need at SAIT Polytechnic.

Join us on Wednesday, March 9 at 7:00 pm in Room L11 in the Senator Burns Building.

Call 403.284.8470 or E-mail: rtbn.info@sait.ca to confirm your attendance or for more information.

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Join us on Wednesday, March 9 at 7:00 pm in Room MA 109 in the Heritage Hall Building.

Call 403.284.8451 or E-mail: energy.mse@sait.ca to confirm your attendance or for more information.

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Join us on Wednesday, March 9 at 7:00 pm in Room BA301, Clayton Carroll Automotive Centre, (use the east doors).

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Join us on Wednesday, March 16 at 7:00 pm in Room N105 in the Senator Burns Building.

Call 403.284.8367 or E-mail: construction.info@sait.ca to confirm your attendance or for more information.

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Considering a career in the skilled trades? Students and parents are invited to attend our FREE information session on the School of Construction's Electrical, Mechanical, and Building Trades programs, both apprenticeship and pre-employment.

Join us on Wednesday, March 16 at 7:00 pm in Room N105 in the Senator Burns Building.

Call 403.284.8367 or E-mail: construction.info@sait.ca to confirm your attendance or for more information.

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What's in a name? A lot, if you're marrying a prince

► William started calling her Catherine; she says call me Kate

Call her Kate, at least for now.

It may be years before Kate Middleton becomes queen, but questions are already being raised about the princess-to-be's preferred moniker: Queen Kate or Queen Catherine?

Ever since her engagement became official in November, palace officials — and her fiancé, Prince William — have taken to calling her Catherine, which is the name used on the official gold-embossed invitations to their nuptials at Westminster Abbey on April 29.

"Catherine" sounds more formal, regal and fitting for a future queen, experts say.

But Middleton herself may not embrace the change just yet. During a joint visit yesterday with Prince William to Northern Ireland, Middleton mentioned casually that she thinks of herself primarily as Kate.

"I'm still very much Kate," said Middleton, when a woman outside Belfast city hall asked her what name she preferred. "I think Catherine does have a more historic feel to

it; there have been several queen consorts called Catherine in British history," said Charles Kidd, editor of the blue-blood bible Debrett's Peerage. "So Queen Catherine ... has a historic ring to it."

He said Kate also sounds pleasant but reminds him of the feisty character in Kiss Me Kate, the musical version of Shakespeare's The Taming of the Shrew.

"I imagine she'll be known as Catherine, but the tabloids and majority of the press will continue to call her Kate," he said.

THE ASSOCIATED PRESS

Discovery gets final salute on night before last landing

On the eve of Discovery's final homecoming, the six shuttle astronauts paid tribute to the world's most travelled spaceship, saying it may be some time before there's another vessel worthy of the name.

Cmdr. Steven Lindsey noted that his entire crew was sad the mission was drawing to a close.

"Wish we could have a few more days, but it's time for us to come home," he said.

Discovery is on the verge of ending its nearly 27-year flying career. Landing is set for today. NASA will spend several months decommissioning Discovery, then send it to the Smithsonian Institution.

Spaceman Michael Barratt told The Associated Press that Discovery has done her job with flying colours. "She retires with all of the honours and dignity due any of those ships that made great discoveries."

In honour of Discovery's final flight, the astronauts received the first live wake-up music call in the history of the shuttle program.

The lead guitarist of Big



Head Todd and the Monstars performed a solo version of Blue Sky, written in honour of the spacecraft in 2005. The song was written at NASA's request and was the top pick in a contest run by NASA to find music suitable for the ship's retirement.

Lindsey didn't realize the acoustic performance was live until Todd Park Mohr radioed greetings.

"Did you just do that live?" Lindsey asked.

"I did just do that live, and I believe it's a first in history," Mohr replied.

Lindsey said he and his five crewmates wish everyone could see what astronauts see when they

Retirement

Discovery is the first of NASA's three shuttles to be retired.

1 Two shuttle launches remain: Endeavour next month and Atlantis at the end of June.

2 Many at NASA say the fleet has lots of flying lifetime left. But the space agency is under presidential direction to aim for asteroids or Mars. That means giving up the shuttles, which are confined to orbit.

3 All of NASA's shuttles were named after great ships of exploration, including Henry Hudson's Discovery in the 1600s, which explored the northeastern United States.

look down at Earth. "Hopefully sooner than later," he said.

On Monday, Mission Control beamed up a pre-recorded message by actor William Shatner of 1960s Star Trek fame, in honour of Discovery's final mission.

THE ASSOCIATED PRESS

Prom dresses nab \$14K each

If diamonds are a girl's best friend, a made-to-order \$14,000 prom dress is going to become a blingy BFF for wealthy fashionistas.

An online retailer outside Philadelphia has already sold two of the gowns.

THE ASSOCIATED PRESS

Russian roulette claims life

The U.S. army says an Alaska soldier who killed himself in a drunken game of Russian roulette had completed two tours of duty in Iraq.

The new information about 26-year-old Sgt. Michael M. McCloskey says his last tour was in November 2009. THE ASSOCIATED PRESS

Her secret wasn't Victoria's

U.S. authorities say a New York City woman arrested at John F. Kennedy International Airport allegedly concealed \$170,000 in her underwear to avoid paying taxes on the sale of property in Sudan. She declared only \$17,000 upon arrival.

THE ASSOCIATED PRESS

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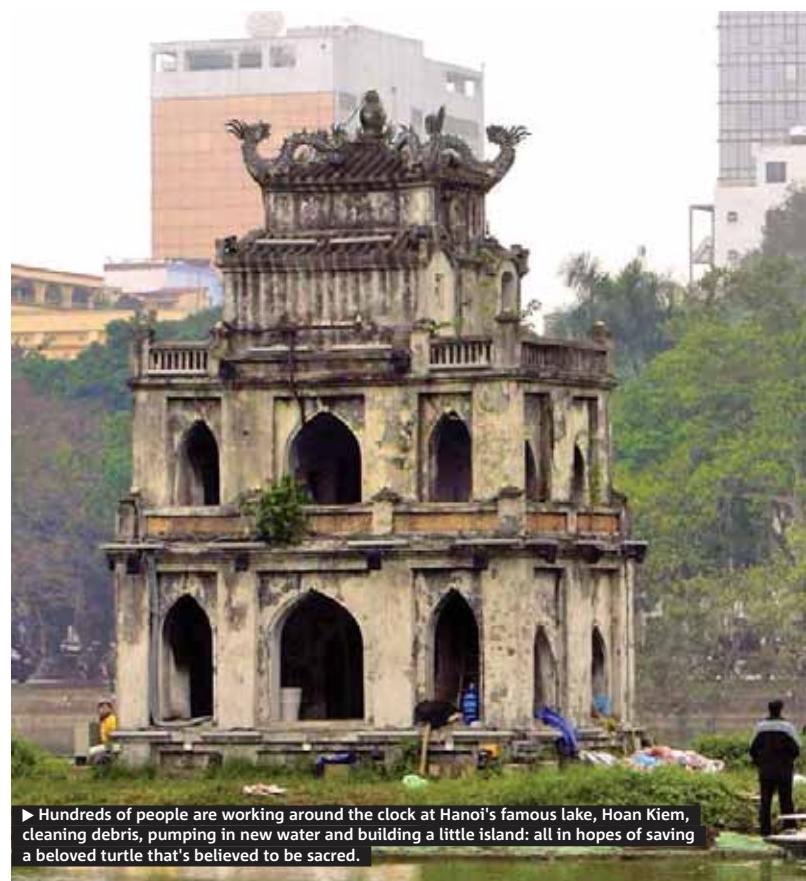
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► Hundreds of people are working around the clock at Hanoi's famous lake, Hoan Kiem, cleaning debris, pumping in new water and building a little island: all in hopes of saving a beloved turtle that's believed to be sacred.

Vietnam fears loss of 'sacred' turtle, one of four remaining

Many believe the Hoan Kiem turtle is over 600 years old. Experts say he is more likely 80 to 100 years old

Workers

jostled and climbed trees around a lake in the capital yesterday hoping to see a rare giant turtle considered sacred by many but in desperate need of medical attention.

Dozens of workers waded chest-deep through the chilly green water in Hanoi's Hoan Kiem Lake to try to capture the giant freshwater creature for the first time, so it could be pulled to an island and treated. It is one of the world's most endangered turtles — one of only four *Rafetus swinhonis* believed to be alive today.

Only three others of its kind are known to be alive: one in another lake in Vietnam and two in a Chinese zoo.

"I wish that he would be immortal to bless our nation."

NGUYEN THANH LIEM, 65, A RETIRED ARMY CAPTAIN WHO HELPED PULL THE NET ALONG

of local folklore. Some even believe the animal that lives in the lake today is the same mythical creature said to have helped a Vietnamese king fend off the Chinese nearly six centuries ago.

Many Vietnamese believe the turtle is the same one described in the legend of King Le Loi, who is said to have defeated Chinese invaders with a magic sword given to him by the gods. After the victory, the king was said to be boating on the lake when a giant golden turtle rose to the surface and snatched the sword from its mouth before plunging deep into the water to return it to its divine owners.

THE ASSOCIATED PRESS



ENDANGERED TURTLE ESCAPES RESCUE ATTEMPTS

Some experts fear the water in the sewage-filled and trash-strewn lake is slowly killing the turtle, which is thought to weigh about 440 pounds and is affectionately called great-grandfather. Hundreds of Vietnamese have been working around the clock removing chunks of debris from the lake and pumping in fresh water.

Last week, a small island in the lake was expanded with sandbags to

form a platform large enough for the turtle to rest, complete with a little pond. Rescuers were hoping to coax it ashore but, when it did not emerge on its own, dozens of men carrying a large net waded into the water to ring it and drag it to the island.

Even with the military involved in the rescue, the turtle managed to slip through the nets and escape, ending yesterday's efforts. Officials planned

to meet to decide the next steps.

Some gathered at Hoan Kiem Lake, which translates as Lake of the Returned Sword, worried that trying to wrangle the creature could do more harm than good.

"It's not safe to use the net to try to catch the turtle. It could worsen his wounds," said Nguyen Hung Cuong, a 19-year-old student.

THE ASSOCIATED PRESS

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Should the Jolly Roger replace the Maple Leaf?

We are pirates.

Among the leagues of China, Indonesia and Russia, Canada remains on the International Intellectual Property Alliance's (IIPA) 2011 Priority Watch when it comes to aiding and

\$5,000 When people are found guilty of copyright infringements for non-commercial purposes, they can be fined a maximum of \$5,000, no matter how many files they illegally copied or downloaded.

abetting copyright infringements.

"Overall the piracy picture in Canada is at least as bleak as it was a year ago,

and it is cementing its reputation as a haven where technologically sophisticated international piracy organizations can operate with virtual impunity," the report reads.

And while 99 per cent of Argentineans may be getting their music illegally, we're hosting the banks of tunes they are plundering.

Are you feeling a little embarrassed as you download a torrent of The King's Speech, your laptop propped up on the photo-

copies you made of your class textbook, instead of forking over \$200 for it? (Yes, we're renowned for that, too.)

So, why are we pariahs in the copyright world?

Our main infringements occur in the online world of "cyberlockers." Cyberlockers allow users to store and share files by acting as servers where people can store and share pirated movies, music, games and software.

TORSTAR NEWS SERVICE

Your e-mail 'writeprint' will trap you

- Thinking of sending a nasty anonymous message? Think twice
- These experts can trace you

Engineers and computer scientists at Concordia University say they have cracked the code for tracing anonymous emails.

For the first time, said data-mining expert Benjamin Fung, analysts have used complex, almost imperceptible human quirks to work out each person's unique email fingerprint or "writeprint."

"The people who wrote the email don't even recognize what they are doing," Fung said. "One of the features we break down is vocabulary richness. That would be hard to increase quickly."

Other telltale evidence can come from common grammatical mistakes, an unconscious extra space between each paragraph or punctuation.

"We've collected thousands of features to find the different combinations," Fung said.

Combinations are the

Not so perfect?

Concordia's code-cracking does have its limits:

- Can it trace an anonymous email sent from an Internet café? No, said Benjamin Fung. "We can at most infer the gender and the nationality."

key. All of the suspects may misspell "consensus."

But not all of them misspell "consensus," use commas instead of periods and think "none" takes a plural verb.

"Everyone has a unique combination. We see it as quite useful in criminal investigations."

The cyber-forensic tool, reported in the journal Digital Investigation, can ferret out the author of emails used for phishing, spamming, cyber bullying, email bombing, child pornography and sexual harassment, among others.

Ivory Coast. They won't be silenced



► A man in a balaclava provides security yesterday at an Ivory Coast rally. Other men protected women demonstrators by lining cars end-to-end across the mouth of a freeway.

EMANUEL EKRA/THE ASSOCIATED PRESS

Women defy the guns

In a act of bold defiance, thousands of Ivory Coast women converged yesterday on the bloodstained pavement where seven of their sisters were killed by soldiers' gunfire last week. Meanwhile, the army backing rogue strongman Laurent Gbagbo killed four more civilians. Gbagbo has refused to yield power after apparently losing an election.

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Libyan rebels slowed by tanks, rocket fire

► Gadhafi forces stop march to Tripoli, besiege western city ► Rebels claim Libyan leader sent envoy to negotiate his stepping down

After dramatic successes over the past weeks, Libya's rebel movement appears to have hit a wall of overwhelming power from loyalists of Moammar Gadhafi.

Pro-regime forces halted its drive on Tripoli with a heavy barrage of rockets in the east and threatened yesterday to recapture the closest rebel-held city to the capital in the west.

The city of Zawiya was

sealed off under a fifth day of a destructive siege, with conflicting reports of who was in control. A brigade led by one of Gadhafi's sons, Khamis, is believed to be leading the assault, shelling neighbourhoods with tank and artillery fire from the outskirts.

A spokesman for the opposition's newly created Interim Governing Council in Benghazi said a man who claimed to represent

Gadhafi made contact with the council to discuss terms for Gadhafi to step down.

"But our position is clear: No negotiations with the Gadhafi regime," said Mustafa Gheriani, who would not say when contact was made or reveal the identity of the envoy.

Libyan state TV denied that Gadhafi had sent an envoy.

THE ASSOCIATED PRESS

Intervention?

U.S. President Barack Obama and British Prime Minister David Cameron agreed to plan for the "full spectrum of possible responses" on Libya. The leaders spoke yesterday and agreed that the objective must be an end to violence and the departure of Gadhafi "as quickly as possible."

Carnival. Parade



► A parade float in Cologne, Germany.

MARTIN MEISSNER/THE ASSOCIATED PRESS

Playing their hand

This year's Rosemonday parade in Cologne, Germany, included a float showing Arab nations as a house of falling cards. It featured cards with the faces of former Egyptian president Hosni Mubarak and Libyan leader Moammar Gadhafi.

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Canadians upbeat about economy: Poll

Nearly 90 per cent are confident about financial well-being, compared with 77.5 per cent of Americans

Canadians are more confident about their own economic well-being and that of the Canadian economy, a Harris/Decima-Investor Group survey suggests.

The February survey puts the overall measure of confidence at 86.2 per cent, up from 82.8 in November.

Overall, nearly one-third (31 per cent) of Canadians believe they will be better off financially a year from now, up from 27 per cent in November. That compares with 13 per cent who think things might be worse.

One in four Canadians (24 per cent) see good things ahead for the economy in the next 12 months, up from 19 per cent. Four-

| Market moment | |
|----------------------------|---|
| TSX | Dollar |
| | |
| -79.38 (14,012.97) | +0.15¢ (\$102.94 US) |
| Oil | Natural gas |
| | 1,000 cu ft \$3.864 US (- 0.63¢ US) |
| -0.42¢ US (\$105.02 US) | Gold contracts |
| | \$1,427.20 US (- \$7.30) |

teen per cent expect the economy to get worse.

A majority, 54 per cent, believe there will be good times for the Canadian economy in the next five years, while 31 per cent believe there will be another recession.

Meanwhile, half of Canadians (51 per cent) believe now is a good time to make a major purchase, while 31 per cent believe it is a bad time.

"Stronger consumer confidence is always good for the economy," said Jack Courtney, a financial planner with the Investors Group. "This is a clear indication that Canadians are returning to more normal spending, saving and investing." THE CANADIAN PRESS

Moving seats coming to a theatre near you

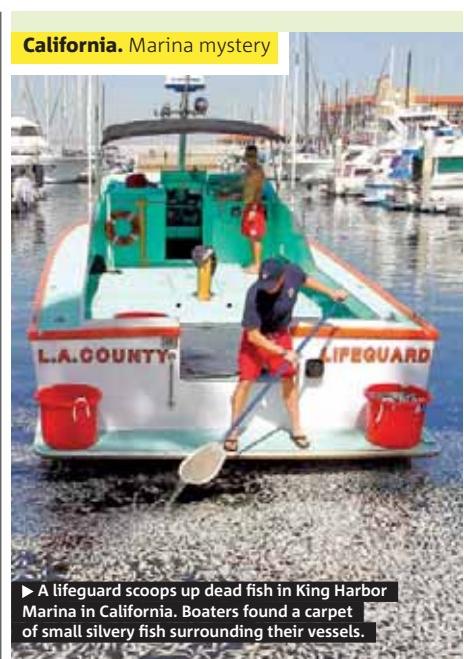
Four Canadian theatres will debut 120 D-Box motion-sensation seats, D-Box Technologies and Cineplex Entertainment say.

The D-Box synchronizes theatre seats with onscreen video and sound. The idea is that moviegoers become part of the action such as a car chase.

Two theatres in Edmonton, one in Calgary and one in Laval, Que., will introduce the seats on Friday. D-Box CEO Claude McMaster says the deal allows the Quebec-based company to get its technology into more Canadian theatres. THE CANADIAN PRESS

10

A total of 10 Cineplex theatres will introduce D-Box seats this year.



► A lifeguard scoops up dead fish in King Harbor Marina in California. Boaters found a carpet of small silvery fish surrounding their vessels.

ALEX GALLARDO/THE ASSOCIATED PRESS

Something's fishy here

Millions of dead fish, believed to be anchovies and sardines, were found floating in a southern California marina yesterday. A King Harbor Marina official said the fish appeared to have moved into the marina to escape a red tide, toxic algae that can poison them or starve them of oxygen.

Alberta court rejects regulator

Ottawa's plan for a national securities regulator is unconstitutional on the grounds it would mark a major intrusion onto provincial turf, the Alberta Court of Appeal has ruled.

It has always been up to the provinces to regulate the professions, specific industries, some types of contracts and forms of property, Justice Frans Slatter and four other judges write in the decision released yesterday.

The federal securities legislation would enter an area of regulation long occupied by the provinces, the court said, and therefore the legislation, if enacted, would

Capital oversight

- Alberta, Quebec, Manitoba and New Brunswick object to a national securities regulator, while Ontario is the main supporter.
- Saskatchewan and British Columbia oppose Ottawa's specific plan, but support the general concept of a co-operative model.

be "unconstitutional." The court added that if Ottawa wants the power to regulate the securities industry, it must do so through negotiation with the provinces, not through the Charter and the courts.

- Canada is the only country in the G20 without a national regulator.
- Supporters of Ottawa's plan say prosecution of white-collar crime would be easier under a single regulator than under the current system in which each province and territory is in charge of its own enforcement.

The matter had been referred to the court by the provincial government, which opposes Ottawa's proposal to unify oversight of Canada's capital markets under a single watchdog.

"It's the right decision. It

supports our arguments," Alberta Finance Minister Lloyd Snelgrove said yesterday in Edmonton. "Given the language, it's clear we're on the same page as they are: That it's a provincial responsibility under the Constitution."

The federal government has asked the Supreme Court of Canada to review the proposed legislation.

Critics of the proposal say the current system works well and ought to remain in place.

"From an Alberta point of view, if it's not broke why do they want to fix it?" Snelgrove said.

THE CANADIAN PRESS

Housing starts stabilizing: CMHC

The Canadian housing sector appears to be settling to a sustainable level that will likely ease concerns about super-low interest rates triggering a housing bubble.

Canada Mortgage and Housing Corp. said yesterday that the seasonally adjusted annual rate of starts, or new homes, rose 6.5 per cent in February to 181,900 units from 170,600 in January.

That is higher than analysts predicted, but still below levels a year ago.

Canadian residential construction activity appears to be stabilizing at a

level consistent with underlying demographic demand," said economist Robert Kavcic of BMO Capital Markets.

Kavcic forecasts a total of 179,000 new units for all of 2011, "the same pace seen over the past six months."

CIBC's Krishen Ranagam said the number could even fall further, particularly if interest rates rise later this year.

February's gain in new homes was due primarily to increased building activity in Ontario and the Prairies, CMHC said.

THE CANADIAN PRESS

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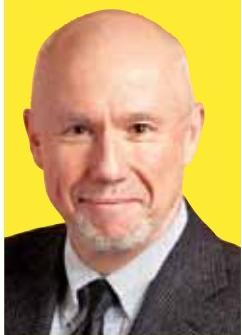
- increase personal safety and reduce theft and vandalism
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- reduce the space needed for parking by up to 50%



CONFessions from the Libya Gravy Train

Just sayin'

PAUL SULLIVAN



Hypocrisy is a tricky trait.
We're more likely to spot it
in others than in ourselves.

Recently, pop stars have been falling all over themselves to apologize, give back the money or confess they had no idea that they were paid millions to perform for the family of bloody Libyan dictator Moammar Gadhafi.

Now that Gadhafi is the Monster of the Month, Nelly Furtado, Beyoncé, Usher, 50 Cent, Mariah Carey and, er, the London School of Economics all admit that they took money from Libya, and a number of them, including Nelly and Usher, are giving it to charity or something. Beyoncé claims she

sent hers to Haiti ages ago, but there was no mention of Libya at the time.

It's a million-dollar hit for the stars, but blood money is bad for your image, so donate those dollars.

It's easy to make fun of people who construct a moral code one tweet at a time, but let's be honest. It wasn't so long ago that Gadhafi seemed kinda cute. Remember when the United Nations wouldn't let him pitch his tent on the lawn? Remember the documents, released by WikiLeaks, that featured the flying squad of buxom Ukrainian nurses who followed him everywhere?

You just forget that he has long been one of the Middle East's foremost terrorists and that, at one point, Libya took formal responsibility for the

bombing of Pan Am Flight 103 over Lockerbie, Scotland, an act that killed 270 people on Aug. 16, 2003. Look it up.

So all these people knew they were singing and dancing for a murderer, but he was a murderer with money, all of it extracted from the Libyan people, many of whom are now dying under his boot.

But let's not get too high and mighty. We've all been on the Libyan gravy train for years. There's a helpful page on the Government of Canada website called Doing Business with Libya, which tells you how to follow the lead of Canadian companies such as SNC-Lavalin and Suncor.

The site says the value of Canadian exports to Libya was almost \$250 million in 2009, the year in which the Lockerbie

bomber was released from a U.K. prison and welcomed home by Gadhafi as a national hero.

What's the difference between getting paid a million bucks for a song-and-dance routine and SNC-Lavalin being paid \$500 million to build the Benghazi Airport? Or Suncor drawing 50,000 barrels of oil a day out of Libya's now-scorched earth, as the Globe and Mail reports?

So, if you feel like tossing stones at Nelly, remember that biblical suggestion: Let he who is without sin cast the first stone.

Or at least hearken to The Who and don't get fooled again.



Read more of
Paul Sullivan's columns at
metroneWS.ca/justsaying

Cartoon

MICHAEL DE ADDER

IF THAT ISN'T ENOUGH,
PRIME MINISTER HARPER
ALSO WANTS TO REBRAND
THE LIBERALS 'HIS' MAJESTY'S
OPPOSITION.



Is this part of his script?

Letters & Tweets

We asked: Is Charlie Sheen acting like this for publicity?

TORONTO. No, he wants more than publicity.

He wants results from the publicity, not just the publicity itself.

Publicity is not the main motivator for his behaviour.

He is obviously angered and feels that stopping filming Two and a Half Men wasn't necessary.

Publicity is just a way of getting his point of

One and a half men



view across in hopes of getting the result he wants.

Though I'm sure the publicity feeds his ego.

I think he is hoping the publicity will work in his favour ... or against Chuck Lorre's favour ... either way. I'm sure he feels that he must take action and the media makes it easy for him to take ac-

tion through publicity.

The media isn't doing him any favours by these interviews, but hey, whatever sells!

As the saying goes, any publicity is good publicity ... which is certainly true. Everyone knows who Lindsay Lohan is and not necessarily for her acting :)

CARLY

What is wrong with kids these days?

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Metro Minute with Canadian Laugh Off

Canada's funniest citizen could very well be living in Calgary — and you can see him or her in action tonight.

Yuk Yuk's Calgary will host local trials for the Great Canadian Laugh Off starting at 7 p.m.

For a \$5 entrance fee, you can watch some of Calgary's hopeful jokesters battle it out for a chance to

head to Toronto, where they will compete for \$25,000.

Yuk Yuk's will also host the local semifinals on Saturday and finals next Wednesday. The comedy club is located inside the Elbow River Casino at 218-18th Ave. SE.

For more information, visit yukyuk.ca or call 403-258-2028. ■ METRO



► Tom Dustin won last year's Great Canadian Laugh Off.



Preparing for a life without his brother

► The always outspoken Liam Gallagher leads his new band Beady Eye, out of the Oasis shadow

SARAH DAHAN
SCENE@METRONEWS.CA

Life after the death of Oasis begins for infamous singer-songwriter Liam Gallagher with his new band Beady Eye. Metro chatted with the 38-year-old musician, who declared he is starving for success and fears no one.

Are the beginnings of Beady Eye as exciting as they were for Oasis?

Of course. Any beginning is exciting. Our songs are just crazy, and we feel just great. We're going to kill everything. We've got what we need for that.

The album sounds very spontaneous. It sounds like a response to Oasis, a band who became maybe like a routine to you, didn't it?

When you're in a big machine like Oasis, it works by itself. Everything is becoming a routine, so it gets sometimes boring. We needed to create something new and fresh. That's why it sounds spontaneous.

What was your inspiration for (debut album) Different Gear, Still Speeding?

Rock 'n' roll. Nothing else. We just wanted to have fun. And that's rock 'n' roll: no brains, just feelings. It's as simple as that. People will compare Beady

Eye to Oasis. How are you prepared to respond to your fans and critics alike?

We are Oasis! Oasis became big because of the people who were in the band. We can do the exact same thing with Beady Eye. We are starving for success and we do not fear anyone. Our music is universal, and people will like it whether they live in Peru or in Paris. And if some people don't like it, it doesn't matter.

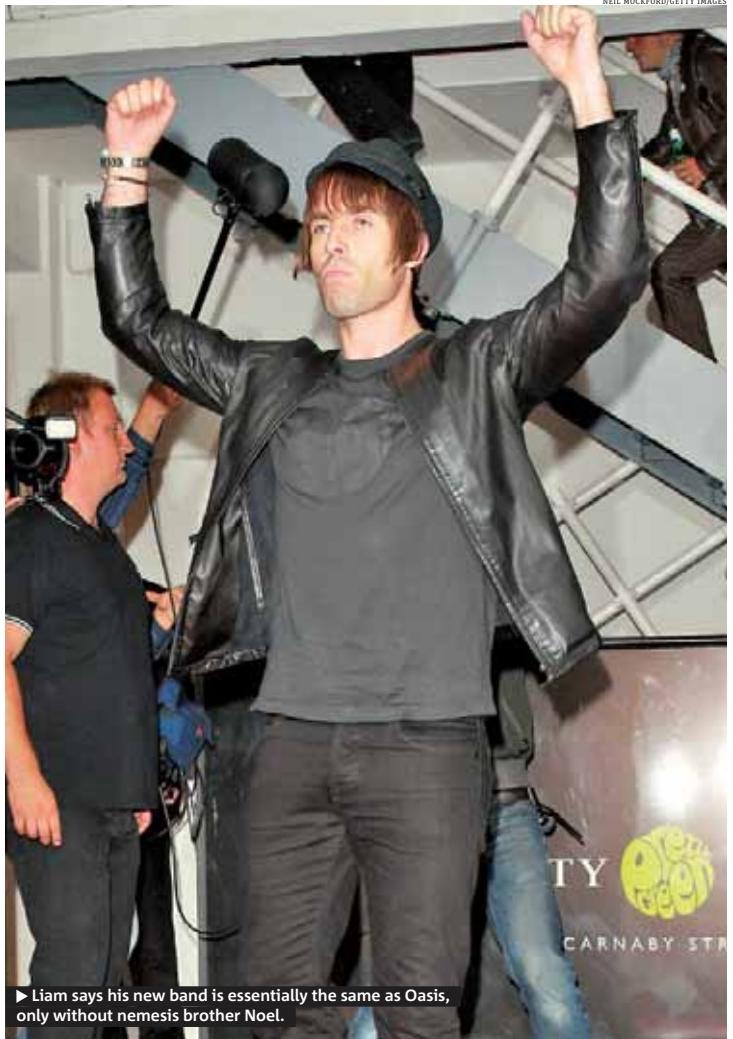
There is a huge electro-pop scene in England. Are you interested in that kind of sound?

I don't care. Why would we play dance music? It would be against our influences, against rock 'n' roll and against the Beatles! We're not going to play dance music just to be in fashion. It would be like wearing a dress. To me, those bands are just sh-t. **In the English press, not a week goes by without an article on Beady Eye and Oasis...**

It's amazing how Oasis makes its own publicity on the back of Beady Eye. People have never been so interested in Oasis since it finished.

What would you say about this album. That it's the best album of the year? The album of the century?

No, I won't say that. I let you say it.



► Liam says his new band is essentially the same as Oasis, only without nemesis brother Noel.

Top albums

iTunes top 5 in Canada for the week ending Mar. 6:

- 1) 21 — Adele
- 2) Sigh No More — Mumford & Sons
- 3) Wounded Rhymes — Lykke Li
- 4) Different Gear — Still Speeding — Beady Eye
- 5) The Suburbs — Arcade Fire

THE CANADIAN PRESS



Behind Charlie Sheen's tweet lies a new world of social media advertising



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FEAR THE INVASION OF LITTLE GREEN MARAUDERS

In Focus

RICHARD CROUSE

SCENE@METRONEWS.CA



Superstar astronomer Carl Sagan said, "Mars has become a kind of mythic arena onto which we have projected



► Val Kilmer and Carrie-Anne Moss star in *The Red Planet* — another Mars themed flick.

our Earthly hopes and fears."

For more than a hundred years the idea that life could exist on the fourth planet from the Sun has been a sci-fi staple.

In 1898, H. G. Wells wrote the most influential Martian invasion novel of all, *The War of the Worlds*, later adapted by Orson Welles into the most famous radio show ever

and in a less serious vein, Marvin the Martian, a cartoon character voiced by Mel Blanc, gave us the catchphrase, "This makes me very angry, very angry indeed."

Years after Marvin's 1948 debut he made another appearance as the mascot on the Spirit rover sent to Mars.

This weekend Martians invade movie theatres in

Mars Needs Moms, the story of little green marauders who kidnap human moms, joining a long list of Mars movies.

The 40-foot-tall Martian in *The Angry Red Planet*, a low budget 1959 flick, was actually a 15-inch-tall puppet made from elements of a rat, bat, spider, and crab. The campy creature was later featured on the cover of the Misfits' album *Walk*.

Among Us.

A few years later Robinson Crusoe on Mars used Death Valley, California as a substitute for the barren terrain of Mars and was so low budget it recycled props from other movies. The aliens are seen dressed in the spacesuits from *Destination Moon* and the Martian space crafts were borrowed from *The War of the Worlds*.

The year 2000 was a big one for Martian movies. *Red Planet*, starring Val Kilmer, Carrie-Anne Moss, and Benjamin Bratt as astronauts sent to Mars when Earth's efforts to colonize the planet are disrupted, features cinema's first computer voice to be completely computer generated.

Also released that year was *Mission to Mars*, the Brian De Palma film about the first manned mission to Mars.

The movie flopped domestically — it only has a 25 per cent Rotten Tomatoes rating — but was chosen as one of the top pictures of 2000 by *Les Cahiers du cinema*.

Not all Mars movies are actually set on Mars, however.

Despite its title, *Abbott and Costello Go to Mars*, the comedy duo never actually makes it to the red planet.

First their rocket lands in New Orleans, then Venus, where the Venusian women are all played by Miss Universe contestants.

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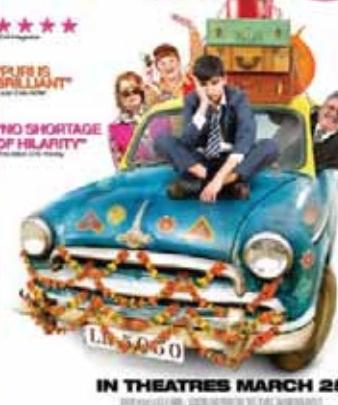


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Roly poly rockers

► Canadian musicians talk about the challenges of staying healthy while rocking on the road

A few years ago, Canadian rock legends Fred Turner and Randy Bachman decided they would hit the road for another tour together, but Turner had a problem.

He was in his mid-60s and — with years spent away from the proverbial public eye — he had watched his weight swell to over 300 pounds. Beyond wanting to look fit for the tour, he simply wasn't sure he could survive the rigours of the rock 'n' roll road in such condition.

So, he started exercising. He ran kilometres a day on the treadmill, he pumped weights, he practised tai chi, he meditated and he began counting calories with the careful concentration of an accountant poring over a tax return. In the end, he shed more than 120 pounds to wind up at his target weight: 185. But then as

► Randy Bachman, left, and Fred Turner.

soon as the reunited band hit the road again, Turner saw that his newly slimmed-down frame was in danger of ballooning right back out.

"Because of the stress that's involved from the timetables, the stress from the travel — whether you're actually travelling

"you're going out to do concerts ... you're out 24 hours a day, a lot of that time can be spent travelling and sitting in a vehicle, and you know, not having any real motion or exercise or anything like that," Turner said in a telephone interview this week.

"It's tiring, and you can

get bored with what's going on and if you happen to be the type of person who compensates with food, like I used to do, it can be very tough on you."

Indeed, while the allure of old-fashioned hard-living still holds plenty of appeal for many aspiring rockers, a growing number of musicians seems

more preoccupied with the less glamorous pursuit of a healthy lifestyle — instead of sex, drugs and rock 'n' roll, it's sit-ups, diet foods and restraint that's on the menu for many. Of course, it isn't easy. The road will shake even the most disciplined rockers from their usual routines, with home-cooking giving way to greasy pub breakfasts in the morning, fried fast food procured from rest stops in the afternoon and calorie-packed bottles of beer at night.

"The good food and the stuff you normally eat at home, you don't get it on the road," Turner said. "Unless you go to the ex-

60 seconds



> Dido

BIG YEAR CONTINUES FOR DIDO

Dido is due to have her first child this summer. It's already been a big year: She was nominated for an Academy Award for best song for co-writing If I Rise from the Dead.

movie *127 Hours*, and is finishing up a new album.

about her upcoming album.
"Music will just start coming out as this year goes on."

THE ASSOCIATED PRESS

Amanda stays coy on Ryan Phillippe

► Red Riding Hood star prefers to talk about ex, Dominic Cooper

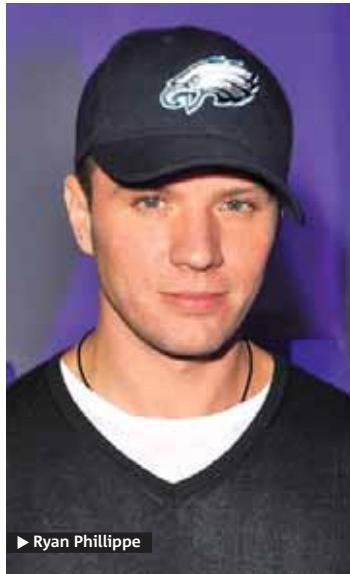
Is Amanda Seyfried, 25, truly dating Ryan Phillippe, 36? The duo was seen hanging out late last year at Kate Hudson's Halloween party, and speculation has run rampant since. Now the actress tells Elle magazine: "Um, yeah, I've been 'seen' with him," but doesn't reveal much more.

The Red Riding Hood star is much more forthcoming about her previous relationship with Dominic Cooper, her costar in *Mamma Mia!* "(It is) one of the easiest things in the world," she tells Elle. "You're both open. You're put in a situation where you have to make out with each other. It's easy for things to get carried away."

● METRO



► Amanda Seyfried



► Ryan Phillippe

Sheen's lawyers get busy

Charlie Sheen — you're tired of hearing about him. But his lawyers aren't. They're keeping busy, preparing for a battle with CBS, which just fired Sheen from the worldwide hit sitcom Two

and a Half Men.

TMZ obtained a letter from the network to Sheen's lawyer, blasting the star for all his previous bad behaviour.

"Free at last," replied Sheen, waving a machete

from a rooftop, according to the website.

Meanwhile, TMZ also reports that security has quadrupled around Sheen's gated community, because of possible snappers. ● METRO



Phil Collins says he's retired

British singer and drummer Phil Collins has used his personal website to announce his retirement in a bid to clarify recent speculation over his career.

In a post titled "Breaking News," the London-born multiple Grammy award winner said he wanted to explain his reasons "for calling it a day" in response to articles claiming he was quitting the music business.

"Many of the articles printed over the last few months have ended up painting a picture of me that is more than a little distorted," Collins, 60, explained in the message posted Monday.

He said he is stopping music so he can be a full-time father to his two young sons "on a daily ba-



— where 1,500 Mexican troops lay siege to 200 Texans — had slowly taken over his life.

Collins has sold an estimated 100 million albums as a solo artist, but he told FHM he looks at events like the MTV Music Awards and says he "can't be in the

same business as this."

"I don't really belong to that world and I don't think anyone's going to miss me," he told the magazine.

In his website post, Collins said it's "a mystery" why the recent articles about his career were printed, suggesting that some of his comments were taken out of context.

He said some of the articles had portrayed him as a "tormented weirdo," but reassured fans there was "no need for the straitjacket."

The 60-year-old singer of hits like *Groovy Kind of Love*, and *In the Air Tonight* has also won an Academy Award for his soundtrack to the film *Tarzan*. His album "*No Jacket Required*" won a Grammy for album of the year in 1985.

● THE ASSOCIATED PRESS

Talking points

Twins for True Blood star



BABIES. Will they be vampires or werewolves? Maybe one of each? Sam Trammell, star of TV's *True Blood*, is expecting twins with his girlfriend Missy Yager, best known as Betty Draper's neighbour on *Mad Men*. "The couple is thrilled and excited," Trammell's publicist told People magazine.

● METRO

Baby Lyra has jazzy genes

MORE BABIES. Speaking of babies, jazz singer Jamie Cullum, 31, and

Celebrity tweets

M.I.A.
 men are like pearls they look good with my
 curls , i string em to get the best necklace in the
 world> bigbranch.06.
 #IWD

Paulo Coelho
 I'm not a body with a soul, I'm a soul that has a visible part called body #international-womensday

Seth MacFarlane
 Had my blood genetically analyzed. I'm only 1/64th tiger. :(

50 Cent
 Ok look I'm up because @Floyd Mayweather drag my ass all over miami. We went every were da game , comedy show,da clubs We had fun. ● METRO

his model wife, Sophie Dahl, 33, just had a little girl, named Lyra. Perhaps when she's a tad older, she'll enjoy reading Charlie and the Chocolate Factory, written by Sophie's grandfather Roald.

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3 Otis Batterbee Travel Eye Mask. For first-class flyers. \$55, otis-batterbee.com



Digital devices or print guidebooks for travel? They each have their advantages. Scan code for story.



► This photo shows fragments of the planes that hit the World Trade Center in 2001, displayed at the Spies, Traitors and Saboteurs: Fear and Freedom in America exhibit, at the National Constitution Center in Philadelphia. The exhibit is scheduled to run until May 30.



► Ku Klux Klan robes are displayed at the Spies, Traitors and Saboteurs: Fear and Freedom in America exhibit.

America's history of terror examined

► Philadelphia museum show looks at the more than 80 attacks on U.S. soil ► Aims to be a conversation starter on a difficult subject

It was one of the worst acts of terrorism in U.S. history, a deadly deed that filled the New York City sky with smoke and debris, thrust the nation into war, prompted restrictive new laws and intensified hostility toward foreigners.

Yet it happened nearly a century before the attacks of Sept. 11, 2001 — on Black Tom Island, a munitions depot in New York Harbor sabotaged by German agents and American collaborators in 1916.

This and other examples of domestic terrorism are part of a new exhibition at the National Constitution Center in Philadelphia, tracing the evolution of revolution and exploring how panic and prejudice can disrupt the balance between safe-

guarding civil liberties and protecting the public.

"Spies, Traitors and Saboteurs: Fear and Freedom in America" opened Friday and runs through May 30. Created by the International Spy Museum in Washington, it examines acts of revolution, sabotage, protest, subversion and extremism by foreign-born and home-grown militants, activists and spies from the Revolutionary War and onwards.

More than 80 domestic attacks from 1776 to the present are presented — along with how they sparked government responses that have changed American life, from the 1918 Sedition Act to the creation of the Department of Homeland Security. It is left for visitors to

reach their own conclusions about whether the various changes over time have been for the better, said Peter Earnest, director of the Spy Museum and a former CIA operative.

"These issues will be with us until the end of the republic," said Earnest, noting that the show was created to be a teaching tool for the young, a history refresher for the old and a conversation starter for all.

Interactive polling stations, developed with the Gallup Organization, ask visitors' opinions on the nation's response to events presented in the show — along with results of Gallup polls through history asking the same questions.

Among them: Should the government have the authority to deport people suspected of supporting hostile groups? Should the FBI be allowed to investigate groups opposed to the U.S. government? Is violence by individuals ever justified to bring about change in society?

"The exhibit illustrates in a way that's very dramatic and visceral the challenges we face as a country from threats that often originate internally," said David Eisner, National Constitution Center president and CEO. "How do we protect our homeland ... and how do we at the same time guarantee constitutional protections for all of our citizens?"

THE ASSOCIATED PRESS

If you go ...

► Exhibit Spies, Traitors and Saboteurs: Through May 30 at the Constitution Center, Independence Mall, 525 Arch St., Philadelphia; constitutioncenter.org or 215-409-6600. Open Monday-Friday, 9:30 a.m.-5 p.m.; Saturdays, 9:30 a.m.-6 p.m., Sundays, noon-5 p.m. Adults, \$12 US, students and seniors, \$11; children 4-12, \$8.

► Artifacts Included in the exhibit are a charred remnant of the White House torched by the British in 1814, Ku Klux Klan garments from the 1960s, and wreckage of the World Trade Center and the Alfred P. Murrah Federal Building in Oklahoma City, badges of American Protective League agents who spied on fellow Americans during the First World War.

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1

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Expect honeymoon kitsch and package-holiday crowds in Cancun. The clear, calm waters make for great snorkelling and scuba diving, and you can go swimming with dolphins. Balance beach time with a visit to nearby Tulum, the only walled city built by the Mayans. **Sunset:** For dinner, head to Paloma Bonita. The traditional food here is expensive but the ocean view from the terrace is worth every penny. Order the chili la doña.



2

ACAPULCO Hollywood Star

Mexico's iconic spot on the Pacific Coast was a favourite with the Hollywood glitterati back in the 1950s. Nowadays adrenaline junkies come to cliff-dive off the jagged cliffs around La Quebrada, others spend their time snorkelling, jet-skiing, parasailing or hiking. **Sunset:** Acapulco is Mexico's nightlife wild-child with bars and high-end restaurants. Zibu (zibu.com.mx) serves an eclectic combo of Mexican and Thai dishes. Try the fish wrapped in banana leaves.



3

MANZANILLO The Fairy Tale

Picturesque Manzanillo is a coastline dotted with tranquil golden beaches, attracting surfers, yogis and a bohemian-chic crowd that dines in fancy restaurants. Shop at the village markets, then hit the beach. Troncones beach is a favourite with surfers, secluded Manzanillo Bay is best for swimming, snorkelling, kayaking, horse-riding or sea-turtle watching. **Sunset:** Come nightfall grab some beers and spicy shrimp tacos el Burro Boracho.



4

CABO SAN LUCAS Californication

Low-key Los Cabos is a favorite with camera-shy Hollywood stars. The 33km

stretch of white sand between San Jose del Cabo and Cabo San Lucas is the aptly-named 'corredor turístico' (touristic corridor) studded with intimate beach huts and exclusive resorts. There's great golf, big game fishing and whale watching here, and Médano Beach is where you'll find all the cool kids. **Sunset:** Uber-glamorous Nikki Beach is for evening follies, with extravagant theme parties and champagne on tap (nikkibeach.com).

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Taking a bike ride in Holland

Nearly everyone in Amsterdam rides a bicycle.

No one sweats.

As a longtime cyclist in New York City, and a sweaty guy who can raise a few droplets going to the end of the walk to retrieve the newspaper in January, that's how it seemed to me when I was there. I was prepared for the ubiquity of cyclists. But the refinement was a surprise.

Who knew that urban cycling — which I find mostly exhilarating and joyous, but occasionally a grim struggle for a sliver of pavement — could also be elegant?

This is how I saw the Dutch cyclists.

I ride to news assignments, sometimes in jacket and tie, feeling overdressed. I saw well-



► Cyclists rule the road in Amsterdam. Most Dutch riders never wear helmets and all ride similar one-speed bikes.

dressed men riding to work in Amsterdam, and they didn't seem remotely uncomfortable.

And the women! Granted that riding a bike is like playing the cello — one of those things that makes men look dorky and women look hot — but women bikers in Amster-

dam seem to cut no fashion corners. High heels and skirts are not uncommon, whether they are headed to the office or carting a crateful of kids to school on one of those cargo bikes with a big box up front.

Part of staying fashionable is that no one wears a

helmet. Not the riders; not the kids sitting up front or on the luggage rack. Either cycling is extraordinarily safe in Amsterdam or the lawyers aren't in charge yet.

The Amsterdammers ride these single-speed or at most three-speed bikes that are both monstrously heavy and in most parts of North America, at least, frightfully expensive.

Cyclists in Amsterdam routinely ignore traffic signals. And pity the pedestrian who wanders onto the wrong side of the line between the sidewalk and the bike lane, which is often worn away to a shadow. But the slower speeds made them seem nice to me, in the way a foreign language sounds exotic.

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Prosciutto Cups are great for serving as pre-dinner appetizers.

They're flavourful and offer a wonderful contrast in texture due to their crisp shell and soft creamy filling.

Preparation:

- 1 Coat mini muffin pans lightly with cooking spray.

Separate wonton wrappers and press into mini muffin pans, pleating each to form a cup. Bake in 350 F (180 C) oven for 7 to 9 minutes or until crisp. Remove from oven and let cool on rack.

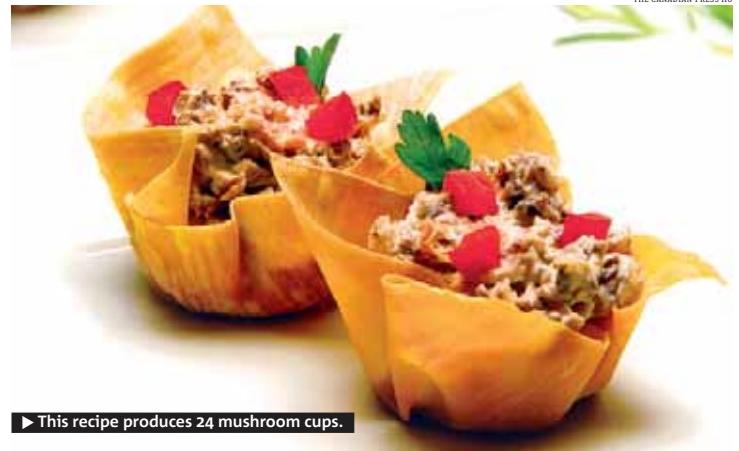
- 2 Meanwhile, in a large skillet, heat oil over medium-high heat; add onion and cook for 2 minutes or until lightly softened. Stir in mushrooms, garlic and rosemary and cook for about 4 minutes or until lightly browned. Reduce heat to medium; add water and vinegar and cook for another 1 to 2 min-

utes. Stir in light cream cheese cubes and heat, stirring constantly, until melted and well mixed together. Remove skillet from heat and stir in prosciutto until combined. Season to taste with pepper.

- 3 Spoon 1 1/2 tbsp (22 mL) of the mixture into each cup; garnish as desired and serve warm.

THE CANADIAN PRESS

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT EMILYRICHARDSCOOKS.CA



► This recipe produces 24 mushroom cups.

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Ingredients:

- 24 thin wonton wrappers
- 1 tbsp (15 mL) olive oil
- 1 small onion, diced
- 8 oz (250 g) fresh
- mushrooms, coarsely chopped
- 1 clove garlic, minced
- 1/2 tsp (2 mL) dried rosemary leaves
- 1/4 cup (50 mL) water
- 1 tbsp (15 mL) balsamic vinegar
- 1 pkg (8 oz/250 g) light cream cheese, cubed
- 1/2 cup (125 mL) minced lean prosciutto (about 1 1/2 oz/45 g)
- Freshly ground pepper
- Minced fresh parsley, diced red pepper or grated Parmesan cheese (optional)

This recipe can easily be doubled or tripled for a larger group just by adjusting the amounts of the ingredients.

Tomato Bruschetta is the perfect start to a meal or to serve as a delicious appetizer with a glass of wine or a cocktail. And

this version of bruschetta, with its grainy mustard touch will delight.

The simplicity of ingredients also allows for an authentic taste experience that can be created in a few steps.

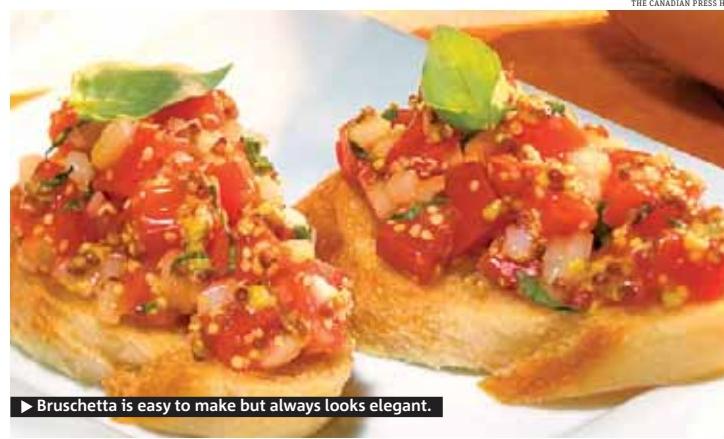
Preparation:

- 1 Toast bread in oven.
- 2 Rub toasted bread with cut side of garlic and top with a drizzle of olive oil.
- 3 Dice tomatoes and onion and place in a bowl; add mustard. Stir lightly until coated.
- 4 Spread mixture on slices of toasted bread. Drizzle olive oil over top.
- 5 Garnish with chopped basil. Add salt and pepper and serve immediately.

MAILLE OLD STYLE MUSTARD/THE CANADIAN PRESS

Ingredients:

- 4 slices ciabatta or French bread
- 2 cloves garlic, halved
- 30 mL (2 tbsp) extra-virgin olive oil
- 2 Italian (Roma) tomatoes
- 1/2 onion
- 30 mL (2 tbsp) grainy mustard
- 4 leaves basil, chopped
- Salt and pepper, to taste



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In need of an at-work energy boost?

Not driven to wake up like you were as a rookie? Amp up your on-the-job attitude with these easy tips



DREW HINSHAW
LIFE@METRONEWS.CA

Some of the perkier go-getters among us seem pre-configured that way, born into this 21st century of 24-hour workdays with eager eyes and a battery life far harder than their BlackBerrys.

For the rest of us, we find our pluck in that last slurp from a plastic coffee cup. But career counsellors say there are healthier ways to administer a kick of enthusiasm. Here are four counsellor-recommended tips to upshift



► Going out with your co-workers to lunch once a week can give the whole team something to look forward to.

your engine without blowing the transmission.

Find meaning in the drudgery

Start, 180 Ways to Spread Contagious Enthusiasm author Barbara Glanz ad-

vises, by acknowledging the larger purpose behind your daily drudgery, "no matter how unimportant it seems."

"Put a picture on your desk of whoever the person is whose life is going

to be better because of the work you do," she suggests. "Do that to remind you that you're doing this for a bigger calling."

Take on some new responsibilities

If your daily duties reads like a chore list from the boredom chamber of purgatory try tacking new tasks onto your to-do list.

"Often what motivates people is that they can find in their jobs room for growth an challenge," Massachusetts-based career coach and psychologist Christiane Turnheim notes.

The trick is scripting a diplomatic way of telling your superiors that the job they've given you is anesthetizing your brain.

"Don't go in and say, 'I'm feeling bored,'" she recommends. "Stay with the positive. Say 'I would like to give more to the company.'"

Seek comradery

Sometimes, a job is just mental torture by another name and higher pay grade, and the only ways to ease its impact is in numbers.

That's why Turnheim counsels exhausted work-

ers to "organize a group lunch where you meet for lunch once a Friday every month, a place for people to get recognized for what they do."

"That," she adds, "is one of the most important needs that people have in the workplace."

Have a fulfilling 'real life'

"What people often do on the weekend is they don't go out, they sleep longer, and something is missing," Turnheim says. "You need in your life something that inspires you, no matter if it's going out and meeting people, or going hiking."

Workplace Law

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Employees often believe that they own the content on their workplace computers and sometimes even the com-

THAT PC AIN'T YOUR PROPERTY

puters themselves. They are mistaken.

Steve Rowe worked as a computer analyst in Sheridan College's IT department for 12 years. He had one of the highest paying positions in the department, a clean disciplinary record and full access to the college's computers.

Rowe blurred the line between personal and professional computer use when he adopted one of the college's faster computers and used it to download a large amount of games, videos, movies, music, and pornography. Rowe gave at least 11 other people including friends, family and colleagues, access to the com-

puter's media cache. Rowe's activities went undetected for years.

When a network audit later revealed some of Rowe's activities, the college seized his computers and started an investigation. After confirming that Rowe had been using the college's server as a media hub for his circle of friends, the college quickly dismissed him.

At a recent hearing, an arbitrator had to determine whether Rowe's personal use of his workplace computer could justify his immediate termination.

Rowe tried to overturn his termination by saying the college overreacted.

However, the arbitrator hearing the case disagreed, characterizing Rowe's conduct as "extremely poor judgement." Since Rowe's job required his employer to be able to trust him, his termination was upheld.

This case is an example of a broader problem in Canadian workplaces as employees too often get carried away with personal computer use at work.

When they do, they should not expect that their actions will be immune from discipline as decision makers are becoming increasingly aware of the damage computer misuse can cause and they are often unwilling to tolerate it.

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Help me, help them: Parents

► American school systems are setting a teaching trend that's helping turn parents into better homework helpers

Parents who help with homework think they have it bad with wacky new math in the lower grades. Try the ablative case in the second declension for high school Latin.

Susan Wheeler Fisk is ready with a resounding *carpe diem!* She enrolled in Latin I online with her 18-year-old senior to get him over the hump.

"This is a brand-new subject for me," said the former preschool teacher in Estes Park, Colo. "It's online, so there's no teacher. He said he didn't want a tutor, but he just needed to get his arms around the subject in a way that seemed like a tutor wouldn't offer anyway."

Fisk is grateful he was up for her help. It's hard enough getting a teen to do more than grunt in a parent's direction, so what happens when they clearly aren't clicking with schoolwork and the rents are no match for the Pythagorean theorem, Sophocles or the Federalist Papers?

Fisk has the time and background to make her hands-on homework help work. Many parents can

"Now I'm able to check my kids' work with confidence that I'm providing accurate feedback."

SHELLY SMEADE, PARENT

barely hold on for the ride. Some are learning English as a second language, pull long hours on the job or don't have the academic experience they think they need to turn homework hell around for their middle school and high school kids.

"We have a lot of parents who have not finished high school or have only finished high school and are not confident," said Michele Brooks, assistant superintendent for family and student engagement for Boston public schools.

The system serving more than 56,000 children from pre-kindergarten to Grade 12 opened Parent University last year, primarily for low-income parents with kids in struggling schools. The free program of three-day workshops offers instruction in math, science



and reading. It also guides them in broader areas like dealing with cyberbullying and social networks, positive approaches to discipline and signs of gang involvement.

Brooks said more than 500 parents participated

last school year and the same number has already signed up this year. There's even a June graduation ceremony for mom or dad.

Shelly Smeade is vice-principal of a junior high in Idaho Falls, Idaho, and struggled with math as a

child. She knew she needed a boost once her oldest daughter turned 14, so she attended the free Math for Moms and Dads course offered by Stevens-Henager College.

"Now I'm able to check my kids' work with confi-

dence that I'm providing accurate feedback," she said.

The program has proven so popular that the Idaho Department of Education asked the college to offer it for parents in its 117 districts statewide.

THE ASSOCIATED PRESS

iStopped smoking!

While nobody claims that quitting smoking is easy, the Ontario Lung Association hopes a campaign that includes a new iPhone app will help young adults in the province butt out for good.

The app, which challenges players to use their lung capacity to play a sports-related game, is one component of the Quit & Get Fit campaign that encourages smokers to kick the habit with the aid of physical exercise.

Quit & Get Fit is based on scientific studies that demonstrate how physical activity, and even deep breathing, can help reduce cravings and withdrawal symptoms, and also assist in curbing post-quitting weight gain, the association says. Physical activity can also help reduce cigarette consumption for those unwilling or unable to quit.

"Ontario Lung Association realizes that young adults have the highest smoking rate among all age

groups in Ontario, yet there is a huge gap when it comes to helping them quit successfully," George Habib, association president and CEO, said in a release. "Up until now, there have been few resources specifically tailored for this age group."

To reach young adult smokers, the organization is using a number of social media initiatives. For instance, a new Quit & Get Fit tab <http://www.facebook.com/ontariolungassociation> has



been added to its existing Facebook fan page, featuring a download link to the new iPhone app and a

YouTube video.

The iPhone app was developed as a fun distraction when the smoking urge

hits. Participants are challenged to take a deep breath, then blow into their smart phones to use their lung capacity to play either a hockey or golf-related game. The goal is to score by blowing a puck or golf ball into the net or hole.

The app includes three levels of difficulty and includes audio messages, voiced by former Canadian Olympic triathlon coach Barrie Shepley, that offer quick tips and encouragement. At the end of the game, users can post a message to their Facebook account to let their friends know about the game.

THE CANADIAN PRESS



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Flames caught up in scoreboard watch

► Have taken 50 of a possible 66 points since last game in Dallas

David Moss does it nightly, Jarome Iginla every morning and Matt Stajan sometimes waits until he's brushed his teeth.

The Flames can't help doing what their fans are doing — constantly checking in on the drama that is the NHL's Western Conference standings.

Calgary (35-24-9) ranked everywhere from fifth to eighth over the five days prior to yesterday's departure for a two-game swing through Dallas and Phoenix.

"Everyone says you can't watch the standings or whatever, but people are lying if they tell you they're not," Moss said. "I think everyone does."

Calgary and Dallas are tied at 79 points heading into tonight's game, but the Stars ranked fifth with two games in hand, followed by the Flames in sixth.

Phoenix was a point back of both clubs with a game in hand heading into last night's matchup with Vancouver. The Flames could wake up today to find

"At that point in time I believe we had three losses in a row ... It was like we started the season over."

FLAMES HEAD COACH BRENT SUTTER ON HIS TEAM'S LAST VISIT TO DALLAS

their ranking changed.

Games involving Chicago, Dallas, Phoenix or Los Angeles immediately impacts Calgary's position. Minnesota, Anaheim and Nashville were knocking on the door just four points back yesterday.

"These next couple weeks we get to play everybody who is right around us and we have a real chance to make a move," Iginla said. "We expect it to be close right to the end."

Their playoff hopes are still precarious, as almost every team just above and below in the standings have games in hand. Calgary needs another 27 points to get to the magic 95 range that usually qualifies for playoffs. **THE CANADIAN PRESS**



Opinion

JOHN GRIGG

THE HOCKEY NEWS



IGINLA HAS SURPASSED EXPECTATIONS IN CALGARY

It would have been hard to imagine back in 1995 that Jarome Iginla would become the player that he has. It was in December of that year that the then 18-year-old was acquired from Dallas (with Corey Millen, remember him?) for star Joe Nieuwendyk.

Only Hall of Famer Al MacInnis had scored more points as a Flame at the time of the deal. Nieuwendyk was just 29 and had already netted 51, 51, 45, 45, 22, 38, 36 and 21 (in a 48-game season) goals his first eight full campaigns in Calgary.

That first 51-goal season broke Mike Bossy's 10-year-old rookie record. Nieuwendyk was also a key contributor to Calgary's lone Stanley Cup in 1989. He went on to play 11 more seasons, become the only player to win Cups with three different teams (Dallas and New Jersey) and was a two-time Olympian.

But Nieuwendyk was holding out for a better contract and already struggling with injuries. So on Dec. 19, 1995, the Jarome Iginla era began in Calgary.

Sort of.

Iginla finished his year in junior. He potted 63 goals and 176 points with the Western League's Kamloops Blazers; starred for gold medal-winning Canada at the world junior Championship, leading the tourney in scoring; then appeared in two playoff games for Calgary, scoring two points.

Iginla broke into the NHL in 1996-97 and promptly finished second in the Calder Trophy voting as the league's rookie of the year, an award Nieuwendyk had won nine years earlier.

But he was no Nieuwendyk.

At least not yet.

Four years later Iginla had his first 30-goal season, and he hasn't stopped since.

The Flames captain potted No. 30 Sunday afternoon to make it 10 consecutive 30-goal seasons. That's a feat only nine other NHLers have ever accomplished. Eight of those men are Hall of Famers and Jaromir Jagr will be one himself when his career overseas ends.

But will Iginla?

He's a four-time post-season NHL all-star, has two Olympic gold medals, a Lester Pearson Award, an Art Ross Trophy and a Hart Trophy. But was he ever the most dominant player in the game? Probably not.

Iginla has a good shot at reaching 500 career goals next season and could reach 1,000 points this season. He's now Calgary's all-time leader in both those categories and second in assists.

His numbers, as they stand right now, are borderline for Hall inducement.

What sets Iginla apart, though, is his unfailing community work and all-around good guy-ness.

Through good times and bad, "Iggy" has stood up to be accounted for and done so, when appropriate, with a smile that lights up any room. He's been the face of the franchise and an ambassador the city, the NHL and Canada can be proud of; he's the kind of guy every parent wants their son to grow up and be like, hockey skills or no.

Tack on few more seasons and Iginla's numbers will likely be enough to make him a Hockey Hall of Fame player, but his work off the ice makes him worthy right now.



Flames preview

Flames at Stars, 7 p.m.
TV: SNET-W
Radio: FAN 960



Jarmome Iginla needs just two goals to reach 473 in his career and move into a tie for 49th all-time with Denis Savard and Alex Mogilny. The Flames (35-24-9) are tied for fifth with Dallas in the Western Conference



The Stars (36-23-7) improved to 5-0-1 in their last six games with a 4-3 road win over the Los Angeles Kings Monday night. A win here would pull Dallas ahead of Calgary in the standings.

THE CANADIAN PRESS

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| | GP | W | L | OTL | SL | GF | GA | Pts | Home | Away | Last 10 | Strk |
|----------------|----|----|----|-----|----|-----|-----|-----|-----------|-----------|---------|------|
| d-Philadelphia | 66 | 41 | 19 | 3 | 3 | 212 | 175 | 88 | 21-10-1-2 | 20-9-2-1 | 4-5-1-0 | W1 |
| d-Washington | 67 | 37 | 20 | 5 | 5 | 178 | 167 | 84 | 19-8-2-5 | 18-12-3-0 | 8-2-0-0 | W5 |
| d-Boston | 66 | 38 | 20 | 3 | 5 | 200 | 156 | 84 | 16-12-2-2 | 22-8-1-3 | 7-2-1-0 | L2 |
| Pittsburgh | 68 | 39 | 21 | 5 | 3 | 196 | 167 | 86 | 21-11-2-0 | 18-10-3-3 | 4-2-3-1 | W2 |
| Tampa Bay | 66 | 37 | 21 | 3 | 5 | 196 | 200 | 82 | 21-9-3-4 | 16-13-2-3 | 3-4-0-3 | L4 |
| Montreal | 67 | 37 | 23 | 4 | 3 | 180 | 168 | 81 | 21-9-3-3 | 16-15-1-4 | 6-3-0-1 | W5 |
| N.Y. Rangers | 68 | 35 | 29 | 2 | 2 | 193 | 164 | 74 | 15-17-1-2 | 20-12-1-0 | 5-5-0-0 | W2 |
| Buffalo | 66 | 32 | 26 | 7 | 1 | 190 | 190 | 72 | 14-15-2-1 | 18-11-5-0 | 5-3-1-1 | L1 |
| Carolina | 66 | 31 | 26 | 4 | 5 | 191 | 201 | 71 | 18-10-3-2 | 13-16-3-3 | 5-4-0-1 | L1 |
| Toronto | 67 | 29 | 28 | 5 | 5 | 176 | 206 | 68 | 15-12-3-4 | 14-16-2-1 | 5-1-2-2 | L2 |
| Atlanta | 66 | 27 | 28 | 4 | 7 | 184 | 214 | 65 | 14-14-1-5 | 13-14-3-2 | 3-6-0-1 | W1 |
| New Jersey | 66 | 30 | 32 | 3 | 1 | 140 | 170 | 64 | 15-14-2-1 | 15-18-0-2 | 8-2-0-0 | L1 |
| Florida | 67 | 27 | 31 | 5 | 4 | 168 | 186 | 63 | 13-13-5-3 | 14-18-0-4 | 3-5-2-0 | W1 |
| N.Y. Islanders | 68 | 26 | 32 | 5 | 5 | 188 | 215 | 62 | 15-15-2-1 | 11-17-4-1 | 5-2-2-1 | W1 |
| Ottawa | 66 | 23 | 34 | 5 | 4 | 149 | 207 | 55 | 11-18-2-3 | 12-16-3-1 | 5-4-0-1 | W1 |

WESTERN CONFERENCE

| | GP | W | L | OTL | SL | GF | GA | Pts | Home | Away | Last 10 | Strk |
|---|----|----|----|-----|----|-----|-----|-----|-----------|-----------|---------|------|
| d-Vancouver | 68 | 43 | 16 | 4 | 5 | 220 | 158 | 95 | 23-7-1-4 | 20-9-3-1 | 6-4-0-0 | W3 |
| d-Detroit | 66 | 39 | 19 | 5 | 3 | 219 | 193 | 86 | 17-10-3-2 | 22-9-2-1 | 5-3-1-1 | L3 |
| d-San Jose | 66 | 38 | 22 | 4 | 2 | 185 | 167 | 82 | 17-11-2-1 | 21-11-2-1 | 8-2-0-0 | L1 |
| Chicago | 67 | 37 | 24 | 2 | 4 | 200 | 186 | 80 | 21-14-0-0 | 16-10-3-3 | 8-2-0-0 | L1 |
| Dallas | 66 | 36 | 23 | 3 | 4 | 184 | 184 | 79 | 18-9-2-3 | 18-14-1-1 | 4-5-1-0 | W2 |
| Calgary | 68 | 35 | 24 | 3 | 6 | 207 | 193 | 71 | 21-10-3-1 | 14-14-2-3 | 7-2-0-1 | W1 |
| Phoenix | 68 | 24 | 22 | 7 | 4 | 194 | 198 | 79 | 16-11-4-2 | 18-12-3-2 | 4-4-1-1 | L1 |
| Los Angeles | 66 | 36 | 25 | 3 | 2 | 183 | 163 | 77 | 20-11-2-0 | 16-14-2-0 | 5-3-1-1 | L6 |
| Minnesota | 67 | 35 | 25 | 2 | 7 | 176 | 176 | 77 | 17-13-1-3 | 18-12-1-2 | 5-3-1-1 | W1 |
| Anaheim | 66 | 35 | 26 | 3 | 2 | 182 | 193 | 75 | 20-11-1-5 | 15-15-2-1 | 4-5-1-0 | L1 |
| Nashville | 66 | 33 | 24 | 5 | 4 | 167 | 156 | 75 | 15-7-4-2 | 18-17-1-2 | 3-3-1-1 | L1 |
| Columbus | 65 | 31 | 26 | 3 | 5 | 180 | 186 | 70 | 16-13-2-2 | 15-13-3-3 | 4-3-0-3 | L5 |
| St. Louis | 66 | 29 | 27 | 5 | 5 | 182 | 198 | 67 | 19-11-3-1 | 10-17-3-2 | 3-7-0-0 | W1 |
| Colorado | 66 | 26 | 32 | 7 | 1 | 187 | 229 | 60 | 14-16-4-0 | 12-16-3-1 | 1-7-1-1 | L6 |
| Edmonton | 67 | 23 | 36 | 1 | 7 | 170 | 219 | 54 | 12-19-3-1 | 11-17-3-1 | 6-4-0-0 | L1 |
| d – division leaders ranked 1-2 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column. | | | | | | | | | | | | |

LAST NIGHT'S RESULTS

| | |
|---------------------------------|--|
| Vancouver 4 Phoenix 3 (OT) | St. Louis 5 Columbus 4 (SO) |
| Montreal 4 Boston 1 | Dallas 4 Los Angeles 3 (OT) |
| Ottawa 2 New Jersey 1 | Tonight's games |
| N.Y. Islanders 4 Toronto 3 (OT) | All times Eastern |
| Philadelphia 4 Edmonton 1 | Edmonton at Washington, 7 p.m. |
| Florida 3 Chicago 2 | Atlanta at Carolina, 7 p.m. |
| Pittsburgh 3 Buffalo 1 | Los Angeles at Detroit, 7 p.m. |
| Minnesota 5 Colorado 2 | St. Louis at Columbus, 7 p.m. |
| Nashville at San Jose | Chicago at Tampa Bay, 7:30 p.m. |
| Mondays' results | Calgary at Dallas, 9 p.m. |
| Washington 2 Tampa Bay 1 (SO) | N.Y. Rangers at Anaheim, 10:35 p.m. (changed from 10 p.m.) |

ISLANDERS 4, MAPLE LEAFS 3 (OT)

First Period — No Scoring.

Penalties — Brown/Tor, Haley/NY (roughing) 2:54, Phoenix/K for (high-sticking) 8:35, Grabner/NY (hooking) 10:38, New York bench (too many men served) by Tavares) 12:37.

Second Period

1. N.Y. Islanders, Konopka 2 (Jurcina, DiBenedetto) 2:15

2. Toronto, Aulie 1 (Brent, Brown) 2:49

3. N.Y. Islanders, Nielsen 9 (Okposo, MacDonald) 11:17

4. Toronto, Brent 8 (Armstrong) 18:44

Missed penalty shot — M.Martin/NY, 7:45.

Penalty — Haley/NY (roughing) 14:00.

Third Period

5. N.Y. Islanders, Granber 27 (Comeau, Bailey) 8:40

6. Toronto, Kulenin 25 (Grabovski, Kessel) 9:48

Penalties — None.

Overtime

7. N.Y. Islanders, Comeau 19 (Martinek, Nielsen) 4:02

Penalties — None.

Shots on goal by

Ottawa 8 5 8 1—21

New Jersey 7 11 12 3—40

Goal — Toronto: Reimer (L12-5-2-2). NY Islanders: Montoya (W5-2-2).

Power plays (goals-chances) — Toronto: 0-3; N.Y. Islanders: 0-1.

Attendance — 9,217 (16,234) at Uniondale, N.Y.

SENATORS 2, DEVILS 1

First Period — No Scoring.

Penalty — Tallinder/NY (hooking) 1:09.

Second Period

1. Ottawa, Condra 3 (Shannon, Greening) 4:45

Penalties — Karlsson Ott (high-sticking) 7:37, Z Smith/Ott (hooking) 9:22, Kusek/Ott (holding) 10:10, Payne NJ (holding) 18:42.

Third Period

2. New Jersey, Elias 15 (Rolston, Zubrus) 4:01

3. Ottawa, Condra 4 (Spezza, Phillips) 17:47

Penalties — Spezza Ott (hooking), Rolston/NJ (diving) 9:18.

Second Period

3. Montreal, Giona 24 (Gomez, Plekanec) 7:15 (pp)

4. Montreal, Wisniewski 8 (Cammalleri, DeSharnais) 15:09 (pp).

Penalties — Plekanec Mtl (kneeling) 0:55, Kelly Bos (hooking) 6:41, Hamrik Mt (tripping) 9:26, Montreal bench (too many men; served by Pacioretty) 11:34, Boychuk Bos (tripping) 14:31, Chara Bos (interference major, game misconduct) 19:44.

Third Period

5. Boston, Lucic 29 (Krejci) 13:21

Missed penalty shot — Marchand Bos, 4:08.

Penalty — Lucic Bos (roughing) 17:34.

Shots on goal by

Boston 11 6 14 —31

Montreal 9 11 5 —25

Goal — Boston: Rask (L9-12-1). Montreal: Price (W32-21-6).

Power plays (goals-chances) — Boston: 0-4.

Montreal: 2-5.

Attendance — 21,273 (21,273) at Montreal.

CANUCKS 4, COYOTES 3 (OT)

First Period

1. Phoenix, Belanger 10, 3:27

2. Phoenix, Doan 15 (Belanger, Schlemko) 15:05 (pp)

3. Vancouver, Hamhuis 5 (Samuelsson, D.Sedin) 11:12

4. Phoenix, Kopitar 15 (Belanger, Rozsival) 19:17

Penalties — Kopitar Phoenix Pho (delay of game) 8:40, H.Sedin Vcr (hooking) 14:06.

Third Period

No Scoring.

Penalties — Oreskovich Vcr (tripping) 2:43, Belanger Pho (cross-checking) 9:46.

Overtime

1. Vancouver, Hamhuis 6 (H.Sedin, D.Sedin) 2:13

Penalties — None.

Shots on goal by

Ottawa 8 5 8 —21

New Jersey 7 11 12 3—40

Goal — Ottawa: Anderson (W18-18-3); New Jersey: Ma.Brodeur (L10-10-2).

Power plays (goals-chances) — Ottawa: 0-2; New Jersey: 0-3.

Attendance

— 15,978 (17,625) at Newark, N.J.

FLYERS 4, OILERS 1

First Period

1. Philadelphia, Briere 29 (Carle, Leino) 8:54

2. Philadelphia, Carter 29 (Briere, C.Giroux) 17:40 (pp)

Penalties — Pronger Pha (hooking) 1:00, Ormick Edm (interference) 2:37, Smid Edm (boarding) major 12:57, O'Donnell Pha (high-sticking) 18:25.

Second Period

3. Philadelphia, Carter 30 (Timonen, van Riemsdyk) 7:05

4. Edmonton, Jacques 4 (Smid) 8:00

Penalties — MacIntyre Edm (elbowing) 12:37, Timonen Pha (interference) 16:46.

Third Period

5. Philadelphia, Bettis 5 (C.Giroux) 19:18 (en)

Penalties — None.

Shots on goal by

Edmonton 1 11 13 —25

Philadelphia 7 10 7 2—34

Goal — Edmonton: Dubnyk (L10-10-6); Philadelphia: Bobrovsky (W, 25-11-4).

Power plays (goals-chances) — Edmonton: 0-3; Philadelphia: 1-4.

Attendance — 19,730 (19,537) at Philadelphia.

CANADIENS 4, BRUINS 1

First Period

1. Montreal, Eller 6 (Moen, Mara) 8:21

2. Montreal, Eller 7 (Moen, Kostyuk) 17:37

Penalties — Boychuk Bos (fighting), White Mt (instigating, fighting, misconduct) 3:11, Seguin Bos (tripping) 5:51.

Second Period

3. Montreal, Giona 24 (Gomez, Plekanec) 7:15 (pp)

Not including last night's games

CRICKET

WORLD CUP

GROUP A

MP W T L NR Pt

New Zealand 4 3 0 1 0 6

Pakistan 4 3 0 1 0 6

Australia 3 2 1 0 1 5

Sri Lanka 4 2 1 1 1 5

Zimbabwe 3 1 0 2 0 2

Canada 4 1 0 3 0 2

Kenya 4 0 0 4 0 0

India 4 0 0 4 0 0

England 3 2 1 0 1 5

South Africa 3 2 0 1 0 4

Bangladesh 3 1 0 2 0 4

Ireland 3 0 0 3 0 3

West Indies 3 0 0 3 0 3

Group B

MP W T L NR Pt

India 3 2 1 0 1 5

England 3 2 0 1 0 4

South Africa 3 2 0 1 0 4

Pakistan 3 1 0 2 0 4

Australia 3 0 0 3 0 3

Wales 3 0 0 3 0 3

West Indies 3 0 0 3 0 3

Kenya 3 0 0 3 0 3

Iran 3 0 0 3 0 3

Welcome to the auto show

► The 2011 Calgary International Auto & Truck Show opens today
 ► Presented by the Calgary Motor Dealers' Association, the show will feature plenty of displays from manufacturers who are looking to wow you
 ► Below, Metro takes a look at what North America's Big Three (General Motors, Ford and Chrysler) have to offer



► Chevrolet Volt

WHEELBASE MEDIA

When talking about GM this year, you have to start with Chevrolet.

And if the only thing Chevrolet was doing for the 2011 model year was launching the Volt electric car, that would be enough, especially considering the investment dollars tied up in technologies that have never found their way into a mass-produced car.

However, Chevrolet is also ousting the Cobalt small car in favour of the brand-new Cruze, while at the same time prepping a convertible version of the Camaro for ear-

Dates

The auto show runs from March 9 to 13, at BMO Centre, Stampede Grounds. For showtimes and directions, check out autoshowcalgary.com

5 drive

Green Vehicles**Hyundai Sonata Hybrid**

The all-new Sonata Hybrid boasts the first-time use of a 270-volt lithium-polymer battery.

**Kia Optima Hybrid**

The system on the Hybrid Kia Optima uses lithium-polymer batteries

**Nissan Leaf**

Nissan's first electric car, the Leaf, is a four-door hatchback. It should be available this fall.



WHEELBASE MEDIA



► Ford Fiesta sedan

Ford

In just a few years, Chrysler has gone from being owned by a German company, to private ownership, to being steered by an Italian company that happens to be one of the largest automakers in world.

But now what? Having gone through bankruptcy and bailout in 2009, the biggest issue seems to be getting new product on the market for people to actually test drive and buy.

And the best news, here, is that parent Fiat actually wants to build cars. There has been a ton of work going on behind the scenes, including a new-

ish 200 sedan (and convertible) based on the previous front-wheel-drive Sebring sedan platform, but with much smoother front and rear styling and LED lamps.

The 300, which was styled by Canadian Ralph Gilles who now runs Dodge, comes in for a visual makeover — new grille, tail lamps, more steeply raked windshield, new wheels, etc. — and a very elegant and high-quality interior upgrade with soft-touch materials, less plastic and more modern shapes, switches and dials. WHEELBASE MEDIA

Chrysler



► Chrysler 200 sedan



Scan code for more car reviews and news



Edge named best utility vehicle

The Ford Edge was named the 2011 Canadian Utility Vehicle of the Year by the Automobile Journalists Association of Canada (AJAC), during a press conference last month. Be sure to check it out at the Calgary auto show this week.

The Edge was also the winner of the "Best SUV/CUV" in the \$35,000 to \$50,000 price range, announced last October.

Other winners

- Best New Prestige Car
Porsche 911 Turbo S
- Best New Sports / Performance Car (over \$50,000)
Cadillac CTS-V Coupe
- Best New Minivan
Toyota Sienna
- Best New SUV / CUV (under \$35,000)
Hyundai Tucson
- Best New SUV / CUV (\$35,000 - \$50,000)
Ford Edge
- Best New SUV / CUV (over \$50,000)
Volkswagen Touareg

Three cars that are new to Canada



1

2012 Volkswagen Passat

An all-new, American-built 7th-generation Passat for North America that is larger than the model it replaces and will be offered with a choice of three engines.

2

2012 Toyota Prius V

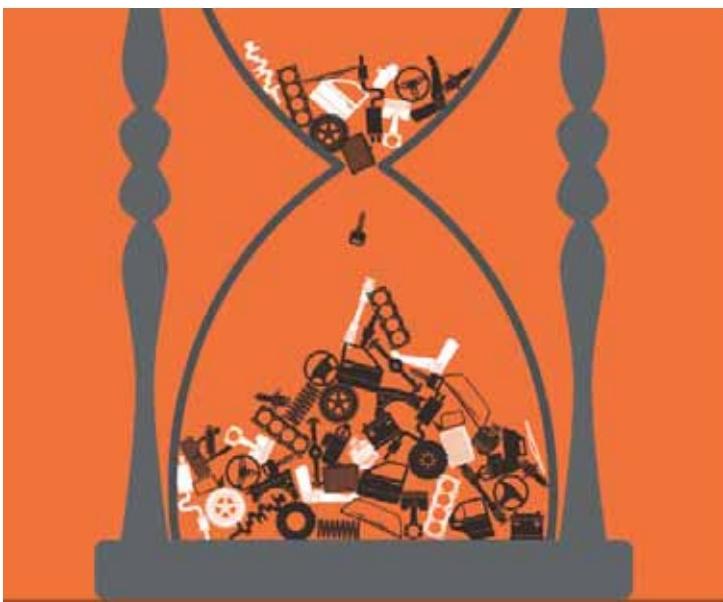
An all-new crossover addition to the Prius family with cargo space to meet the needs of families with active lifestyles while providing class-leading fuel.

3

2012 Hyundai Veloster

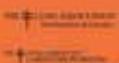
A versatile 3-door sporty coupe that combines dynamic style and adept handling to deliver a car unlike any wearing the Hyundai badge before.

PHOTOS
1. AUTOSHOW.CA
2. GETTY IMAGES
3. AUTOSHOW.CA



Retire your ride before time runs out.

Retire Your Ride rewards Canadians for recycling their older polluting vehicles – but the program ends **March 31st**. Don't miss your chance to get cash, transit passes or more. If your vehicle's model year is 1995 or older, visit [RetireYourRide.ca](#) or call 1-877-PRE-1996 today.



2 CONCEPT CARS TO CHECK OUT AT THE AUTO SHOW

MINI PACEMAN CONCEPT

BMW Group

The MINI Paceman Concept had its North American premiere at the Detroit auto show. The brand celebrated its 10th North American anniversary with the Canadian premiere of the MINI Paceman Concept at the Toronto auto show in February. The MINI Paceman Concept's crossover design makes it the first Sports Activity Coupe (SAC) in the small

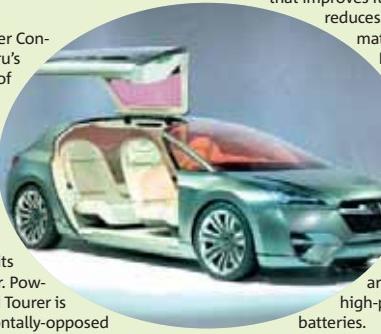


car segment. The design takes the fundamental strengths of MINI – its uniqueness, go-kart handling, agility, dynamic capability and individual design – and gives them a fresh twist with the help of cutting-edge technology and an innovative body concept. It combines a sporty, masculine appearance, versatility and coupe looks with the dimensions of the four-door MINI Countryman. The MINI Paceman Concept could become another building block in the ongoing development of the brand and its product portfolio.

HYBRID TOURER CONCEPT

Subaru

The Hybrid Tourer Concept Car is Subaru's announcement of a new gas/electric hybrid system based on Subaru's boxer engine. The concept features unique gull-wing doors that emphasize its spacious interior. Powering the Hybrid Tourer is a 2.0-litre horizontally-opposed



direct fuel-injection turbo gasoline engine that improves fuel efficiency and reduces emissions. The turbo is mated to Subaru's Lineartronic (CVT). The powertrain features a unique gas/hybrid two-motor system with an electric power/drive motor in the front and another drive motor in the rear. The electric motors are powered by new high-performance lithium batteries.

The cream of the automotive crop

► Behold these 2011 Canadian Cars of the Year, as named by the Automobile Journalists Association of Canada (AJAC)



► Chevrolet Cruze, Best New Small Car (over \$21,000)



► Volkswagen Jetta TDI Clean Diesel,
Best New Family Car (under \$30,000)



► Ford Fiesta, Best New Small Car (under \$21,000)



► Buick Regal, Best New Family Car (over \$30,000)



► BMW 5 Series Sedan, Best New Luxury Car (over \$50,000)

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2008 Civic payment based on \$1300 down on 84 month term.

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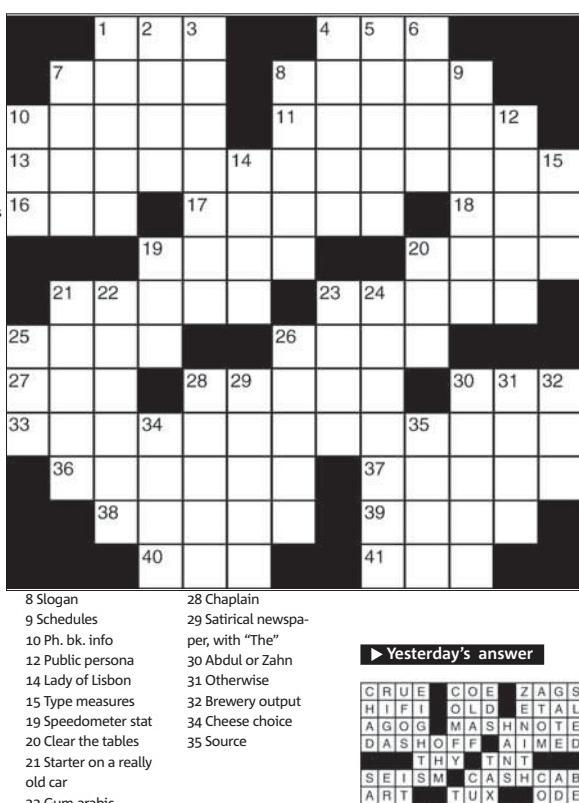
Crossword

Across

1 Step that may be "faux"
 4 J. Edgar Hoover's org.
 7 Harbor
 8 Factories
 10 Some Japanese-Americans
 11 Eyes on a peacock's tail
 13 No different
 16 Firmament
 17 Arose
 18 Bronze
 19 "Ask - questions..."
 20 Pleads
 21 "It's a Wonderful Life" director
 23 Obey a comma
 25 St. Louis attraction
 26 Spheres
 27 Bleating sound
 28 Pullover shirts
 30 Pod occupant
 33 Definitely
 36 Youngster
 37 Grown-up nit
 38 "Hammerin' Hank" of baseball
 39 Muskrat cousin
 40 Chaps
 41 Greek vowel

Down

1 Actress Parker
 2 Neighborhood
 3 Scorpion's weapon
 4 Scarf enhancing a low neckline
 5 Censor's sound
 6 Afflictions
 7 Light red
 8 Slogan
 9 Schedules
 10 Ph. bk. info
 12 Public persona
 14 Lady of Lisbon
 15 Type measures
 19 Speedometer stat
 20 Clear the tables
 21 Starter on a really old car
 22 Gum arabic
 23 Instructor, for short
 24 Set free, as from a sin
 25 Latin 101 word
 26 Bygone



► Yesterday's answer



Today's horoscope

Aries March 21-April 20

Don't strain your brain thinking about something that appears illogical. A number of strange things will happen today, but none of them will do you any harm.

Taurus April 21-May 21 This is not a good time to announce your plans to the world. You don't have to be dishonest about your intentions but you do have to keep your ideas to yourself.

Gemini May 22-June 21 These are exciting times for you but don't get carried away. If you act without thinking, you could make a potentially costly mistake. Take extra care when arranging travel plans and social events.

Cancer June 22-July 22 If you're dishonest in any way today, it will come back when you least expect it. You don't need to tell lies or cut corners to get what you want.

Leo July 23-Aug. 23 There seems to be a mental block between you and others at the moment. There's not much you can do but wait for the cosmic tide to turn. It won't be long before you are back on a like-minded wavelength.

Virgo Aug. 24-Sept. 22 Your main problem is that you are doing more for other people than you are for yourself. Get a grip on the situation and let those who are taking advantage of your generosity know there will be no more freebies.

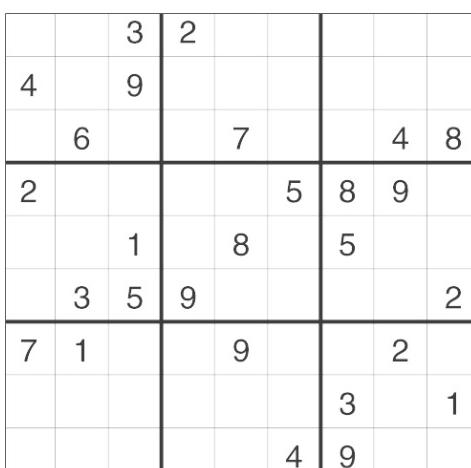
For today's crossword answers and for expanded horoscopes, go to metronews.ca

Libra Sept. 23-Oct. 23 The planets warn that you could easily convince yourself that something is true when clearly it is not. That could turn out to be a costly mistake.

Scorpio Oct. 24-Nov. 22 Spell out in plain and simple language what it is you expect of people. Both at home and at work, misunderstandings are likely so make sure everyone knows what it is they are supposed to be doing.

Sagittarius Nov. 23-Dec. 21 By all means listen to what other people have to tell you today, but don't think for a moment that it's the whole truth. Act on the assumption that you have not yet heard the whole story.

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 9 | 7 | 1 | 8 | 3 | 6 | 5 | 4 |
| 4 | 5 | 1 | 6 | 2 | 7 | 3 | 8 | 9 |
| 3 | 8 | 6 | 4 | 5 | 9 | 2 | 1 | 7 |
| 8 | 3 | 5 | 2 | 7 | 4 | 9 | 6 | 1 |
| 7 | 4 | 9 | 5 | 6 | 1 | 8 | 3 | 2 |
| 1 | 6 | 2 | 3 | 9 | 8 | 7 | 4 | 5 |
| 9 | 1 | 3 | 7 | 4 | 6 | 5 | 2 | 8 |
| 6 | 2 | 8 | 9 | 1 | 5 | 4 | 7 | 3 |
| 5 | 7 | 4 | 8 | 3 | 2 | 1 | 9 | 6 |

A look at the weather

TODAY

Min -8°

Max 4°

THURSDAY

Min -2°

Max -1°

FRIDAY

Min -14°

Max -6°

V.C. I want to say thank you for always being there for me no matter how annoying and crazy I get. You're one of my closest friends and hope you will continue to be forever!! xoxo SOMEONE PROBABLY SITTING BESIDE YOU

LOKO, you will always be my best friend & my 1 great love. Even if we're not together no more. I'll be waiting for you. I'll be here for you no matter. I love you always & forever. KULIT



Andrew Schultz,
Meteorologist

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". WEEKDAYS 6AM

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